



# St Thomas More's Rosary Guide

'Dear Brothers and Sisters, The month of May is approaching, a time when the People of God express with particular intensity their love and devotion for the Blessed Virgin Mary. It is traditional in this month to pray the Rosary at home with the family.

- Pope Francis



All are welcome to use this easy step by step guide in praying one part (one decade) of the Rosary daily with your families.



## What is the Rosary?

The Rosary is a prayer and an essential tool in the life of a Catholic. Based upon the Bible, the rosary is a moving way to honour Mary, our Mother and our Lord Jesus Christ whom sacrificed himself for our sins.

Reciting the Rosary prayer helps us to feel closer to God by focusing and reflecting on the important events in the life of Jesus; the MYSTERIES.





# We start with the Sign of the Cross:

In the name of the Father and of the Son  
and of the Holy Spirit.

## The Sign of The Cross



1. With your right hand, touch your forehead and pray, "In the name of The Father."



2. Touch the center of your chest and pray, "and of The Son,"



3. Touch your left shoulder and pray, "and of The Holy..."



4. Touch your right shoulder and pray, "Spirit, Amen."

## The Sign of the CROSS



The Sign of the Cross attests to two realities of the faith



Making the Sign of the Cross with Holy Water implies that



Intellect is enlightened through the prayers of the Church



Homes should have a Holy Water font to use



Belief in the Trinitarian God



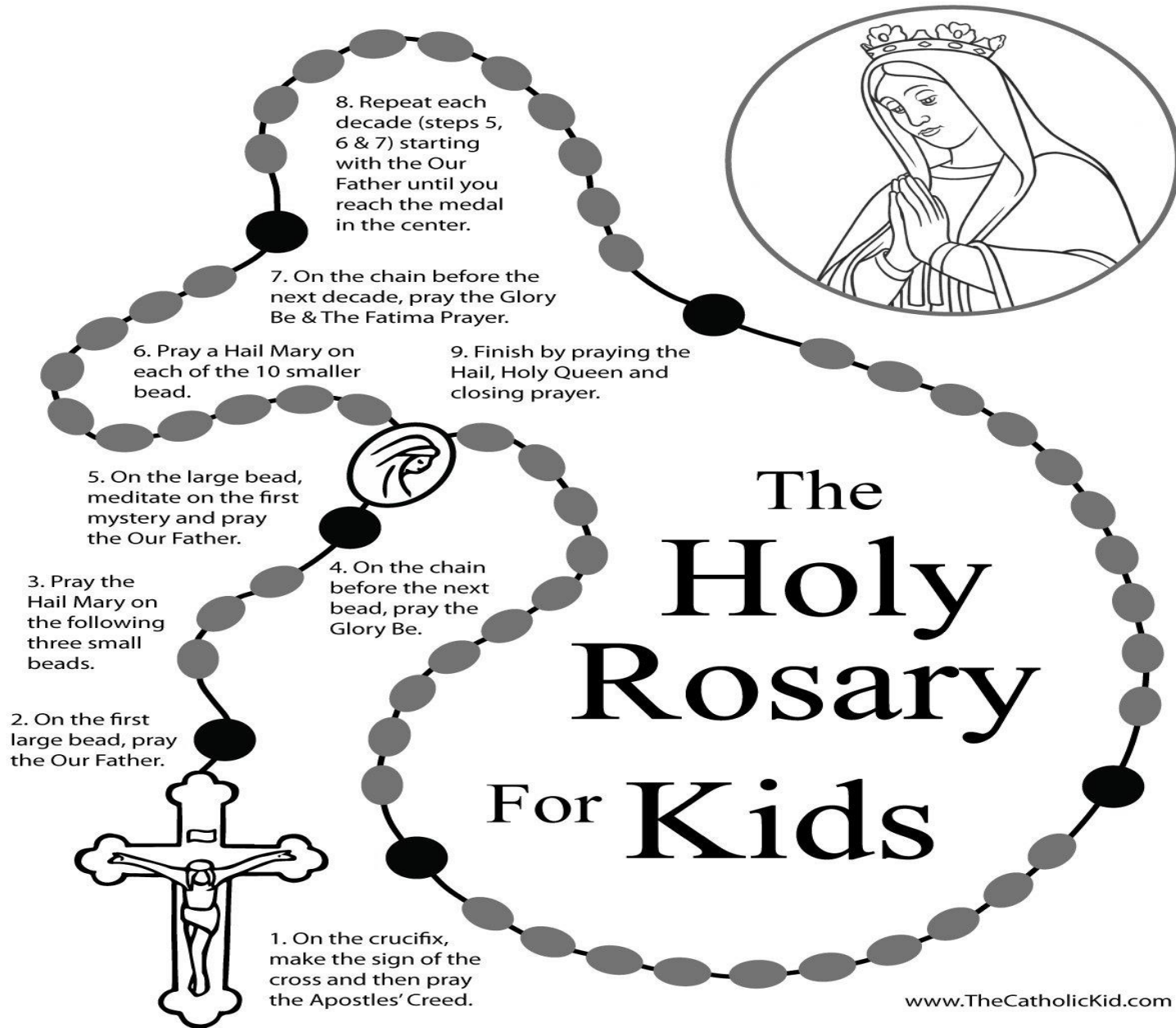
Our wills are prompted to do good



Body and mind are strengthened and healed

Redemption through the Cross





2. On the first large bead, pray the Our Father.

3. Pray the Hail Mary on the following three small beads.

5. On the large bead, meditate on the first mystery and pray the Our Father.

6. Pray a Hail Mary on each of the 10 smaller beads.

7. On the chain before the next decade, pray the Glory Be & The Fatima Prayer.

8. Repeat each decade (steps 5, 6 & 7) starting with the Our Father until you reach the medal in the center.

4. On the chain before the next bead, pray the Glory Be.

1. On the crucifix, make the sign of the cross and then pray the Apostles' Creed.

9. Finish by praying the Hail, Holy Queen and closing prayer.

# The Holy Rosary For Kids

# The rosary

Colour in a bead as you pray each prayer in the rosary together.

## The Apostles Creed

I believe in God,  
the Father almighty,  
Creator of heaven and earth,  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.

## Hail Mary

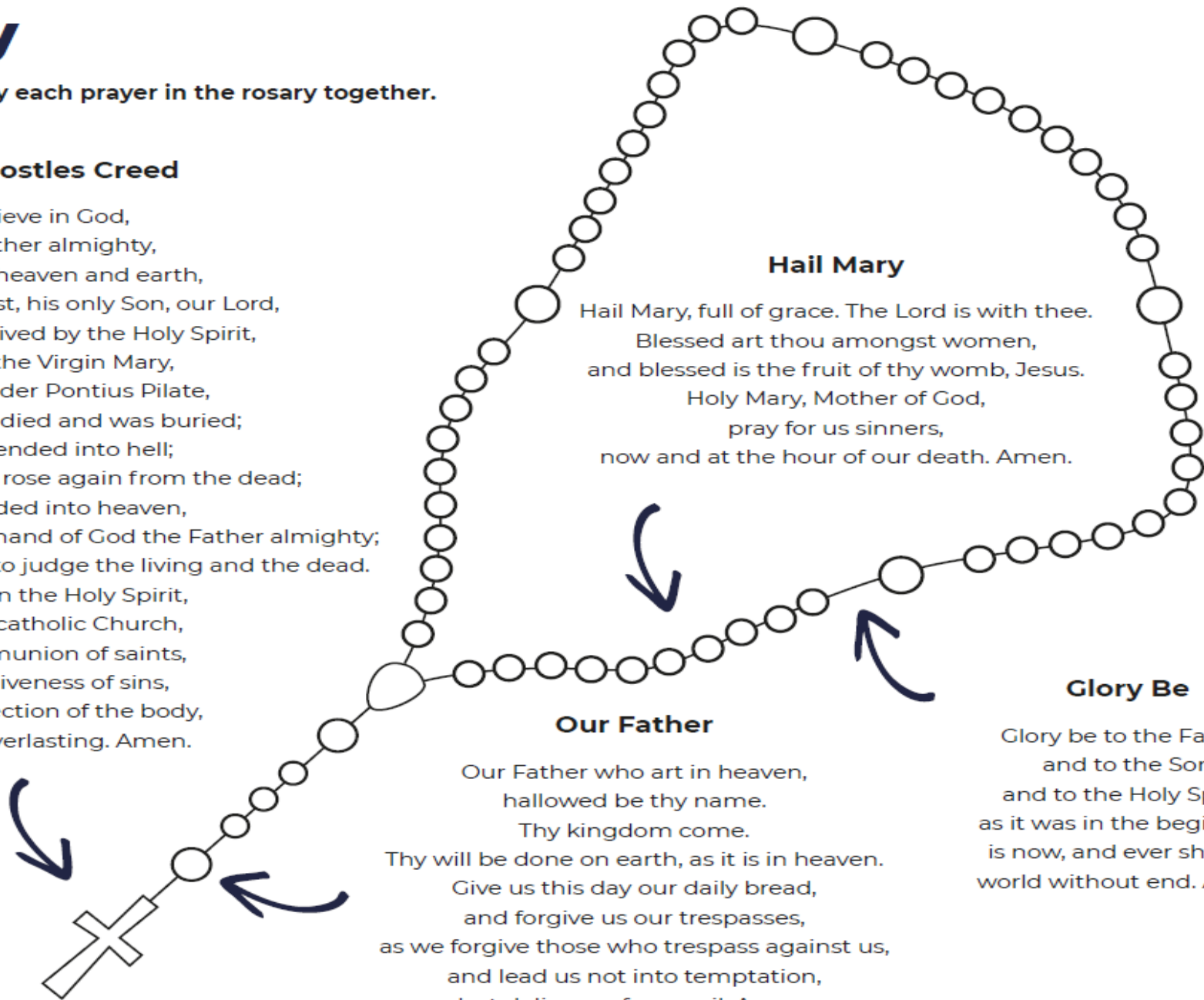
Hail Mary, full of grace. The Lord is with thee.  
Blessed art thou amongst women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen.

## Our Father

Our Father who art in heaven,  
hallowed be thy name.  
Thy kingdom come.  
Thy will be done on earth, as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil. Amen.

## Glory Be

Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning  
is now, and ever shall be  
world without end. Amen.





It is at your discretion, if you wish to pray one decade of the rosary or all five.



If you **wish** to do so, the following slides will support you in praying a **complete** Rosary.

There are 4 sets of mysteries. Traditionally, each of them are meditated on certain days of the week. If the whole Rosary is prayed, we meditate on each mystery for the duration of 10 Hail Mary prayers.

Joyful Mysteries (Monday and Saturday)



1. The annunciation



2. The visitation



3. The birth of Our Lord



4. The presentation in the Temple



5. The finding of Jesus in the temple

Sorrowful Mysteries (Tuesday and Friday)



1. The agony in The garden



2. The scourging at the pillar



3. The crowning with thorns



4. The carrying of the cross



5. The crucifixion

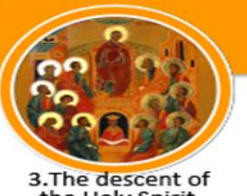
Glorious Mysteries (Sunday and Wednesday)



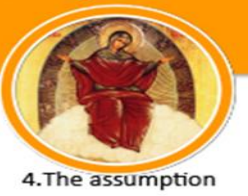
1. The resurrection



2. The ascension



3. The descent of the Holy Spirit



4. The assumption



5. The crowning of Our Lady

Luminous Mysteries (Thursday)



1. The baptism in the Jordan



2. The wedding feast of Cana



3. The proclamation of the kingdom of God



4. The transfiguration



5. The institution of the Eucharist



As it is **Wednesday** we start with  
the **Glorious Mysteries**...

Glorious Mysteries (Sunday and Wednesday)



1. The resurrection



2. The ascension



3. The descent of  
the Holy Spirit



4. The assumption



5. The crowning of  
Our Lady

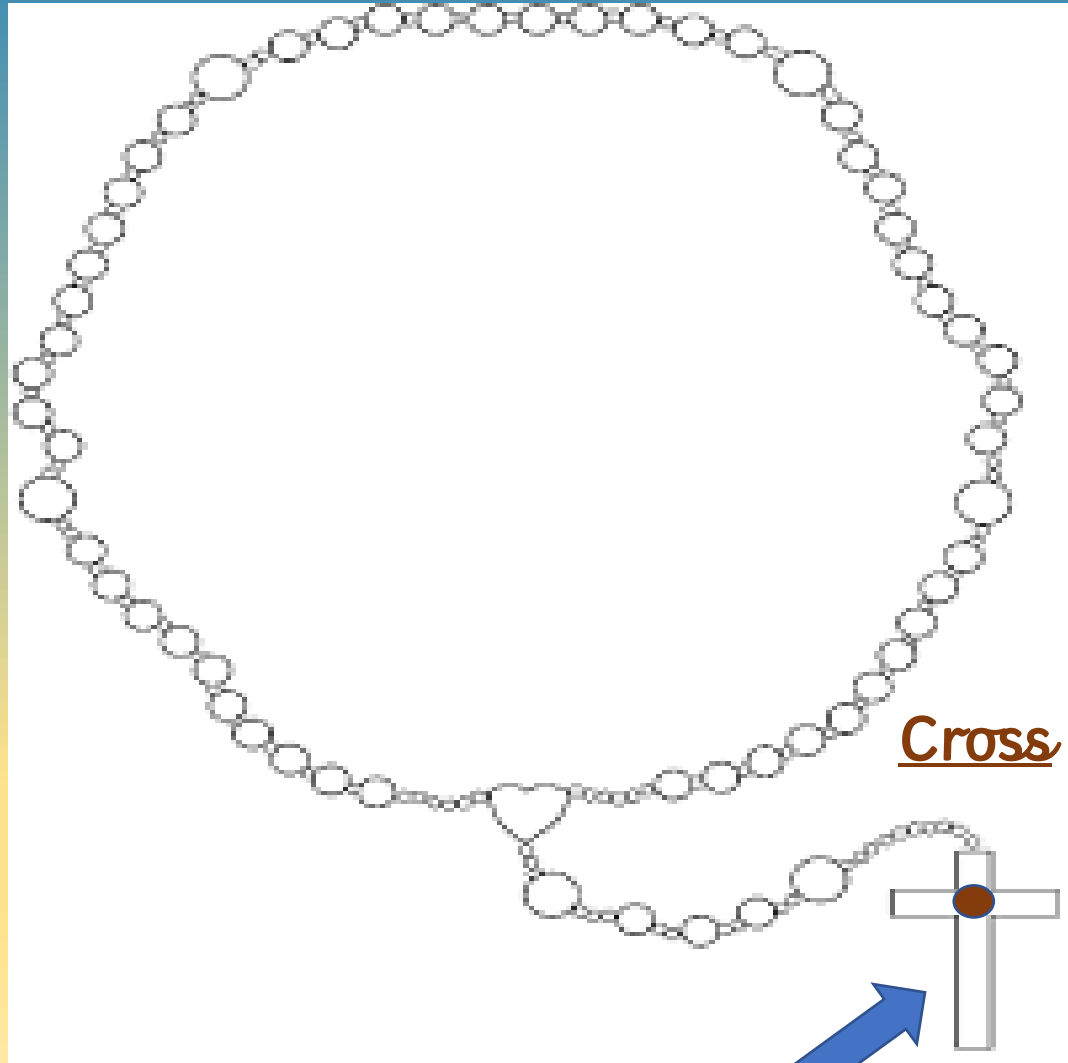
The **Glorious Mysteries** are also  
prayed on **Sunday's**.





# We start with the Apostles Creed...

## The Apostles' Creed



I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.



# Followed by the Our Father...

## Leaders:

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.

Thy will be done on earth as it is in heaven.

## ALL:

Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.





# Followed by x3 Hail Mary's...

## Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

## ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.





# Followed by the Glory Be...



## Leaders:

Glory Be to the Father and to the Son  
and to the Holy Spirit.

## ALL:

As it was now in the beginning, is now,  
and ever shall be, world without end.  
Amen.



# Followed by the Our Father...

## Leaders:

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.

Thy will be done on earth as it is in heaven.

## ALL:

Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.





# 1<sup>st</sup> Mystery

## Jesus is risen from the dead

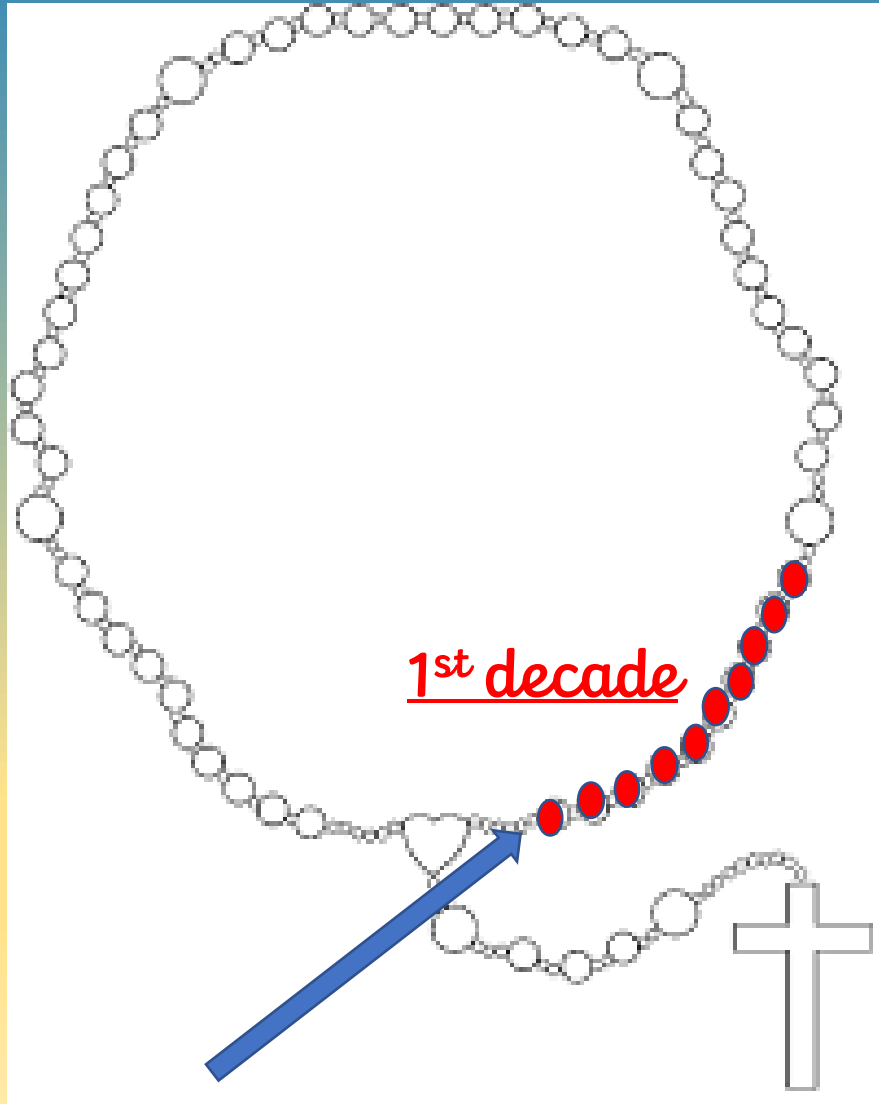
### Luke 24:6

"But on the first day of the week, at early dawn, they went to the tomb, taking the spices which they had prepared. And they found the stone rolled away from the tomb, but when they went in they did not find the body. While they were perplexed about this, behold, two men stood by them in dazzling apparel; and as they were frightened and bowed their faces to the ground, the men said to them, 'Why do you seek the living among the dead? He is not here, but has risen'" (Lk 24:1-5).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



We then choose a mystery to recite...



The Glorious Mysteries  
The Fruit of this Mystery: Faith

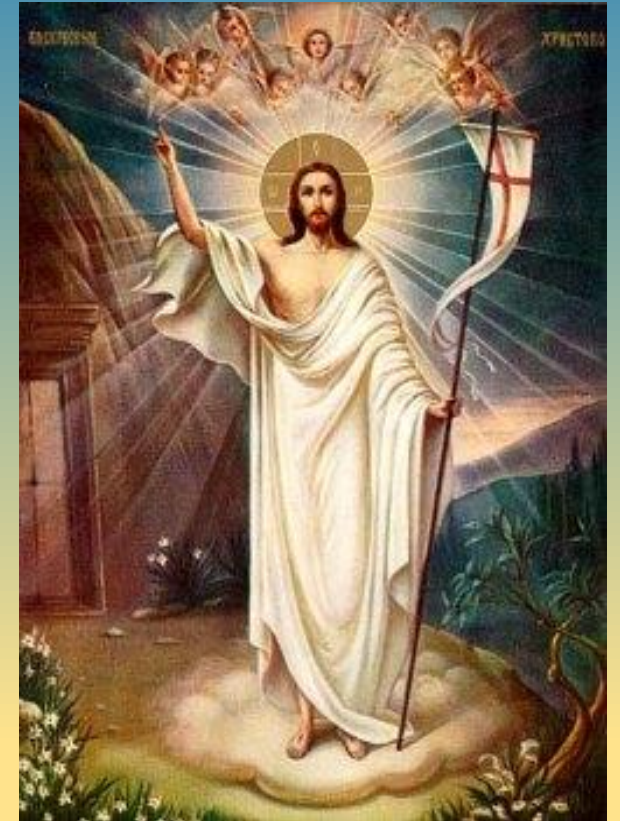
Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.

1<sup>st</sup> Mystery  
Jesus is risen from the dead  
Luke 24:6





The Glorious Mysteries  
The Fruit of this Mystery: Faith

Leaders:

Glory Be to the Father and to the Son and to the Holy Spirit.

ALL:

As it was now in the beginning,  
is now, and ever shall be, world  
without end.  
Amen.

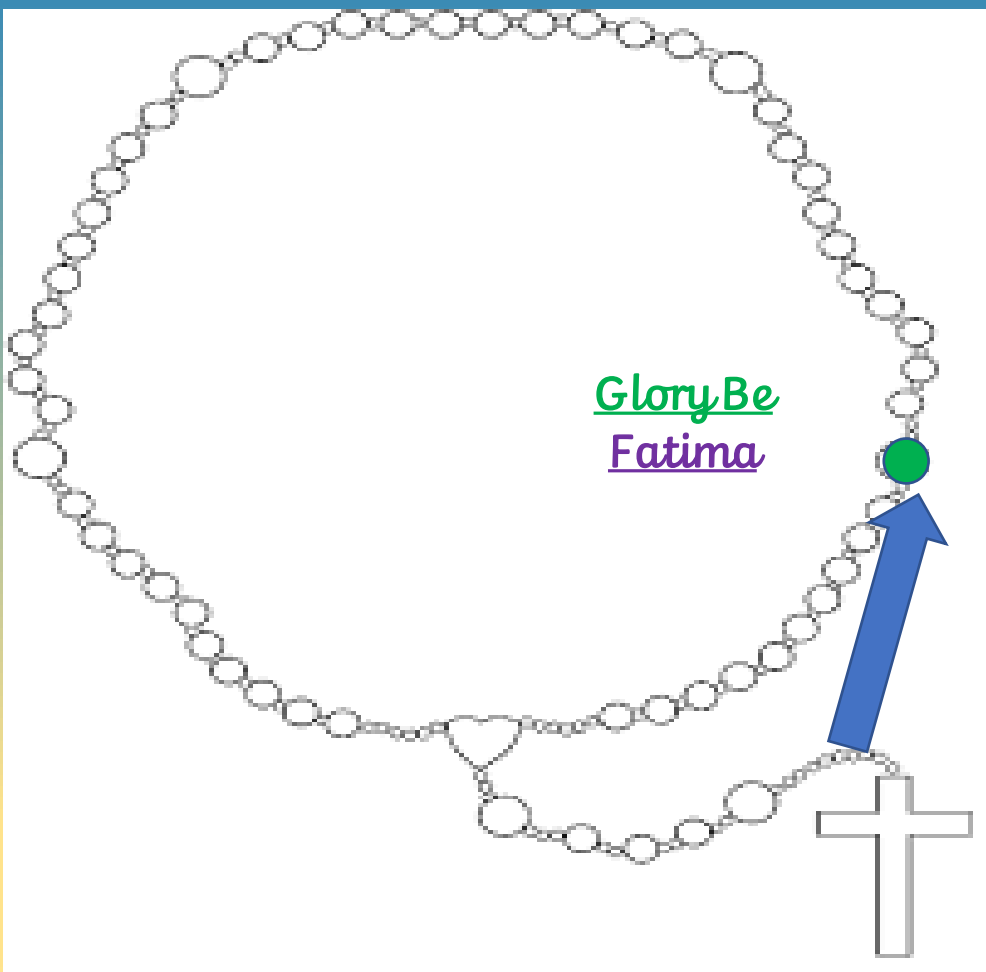
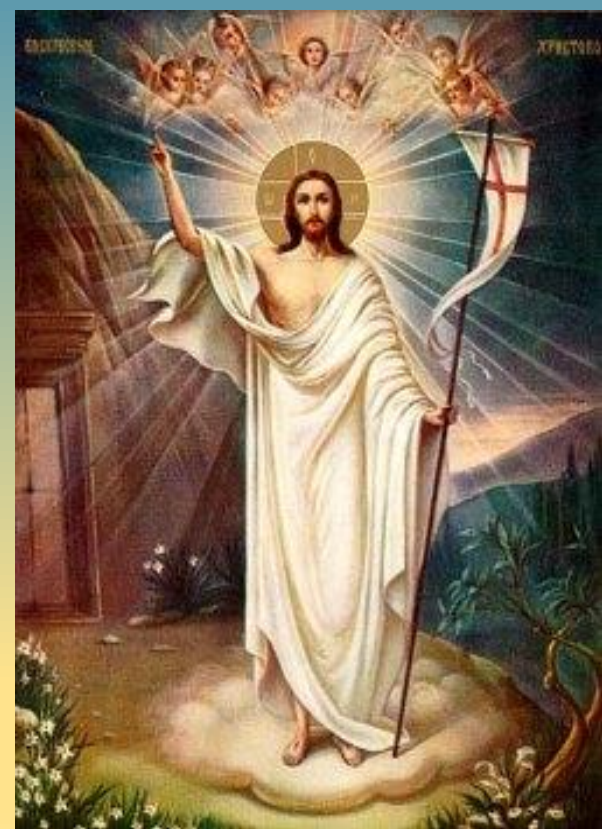
Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.

1<sup>st</sup> Mystery  
Jesus is risen from the dead

Luke 24:6



Glory Be  
Fatima





## 2nd Mystery The Ascension of Jesus to Heaven

Mark 16:19

So then the Lord Jesus, after He spoke to them, was taken up into heaven and took His seat at the right hand of God (Mk 16:19)

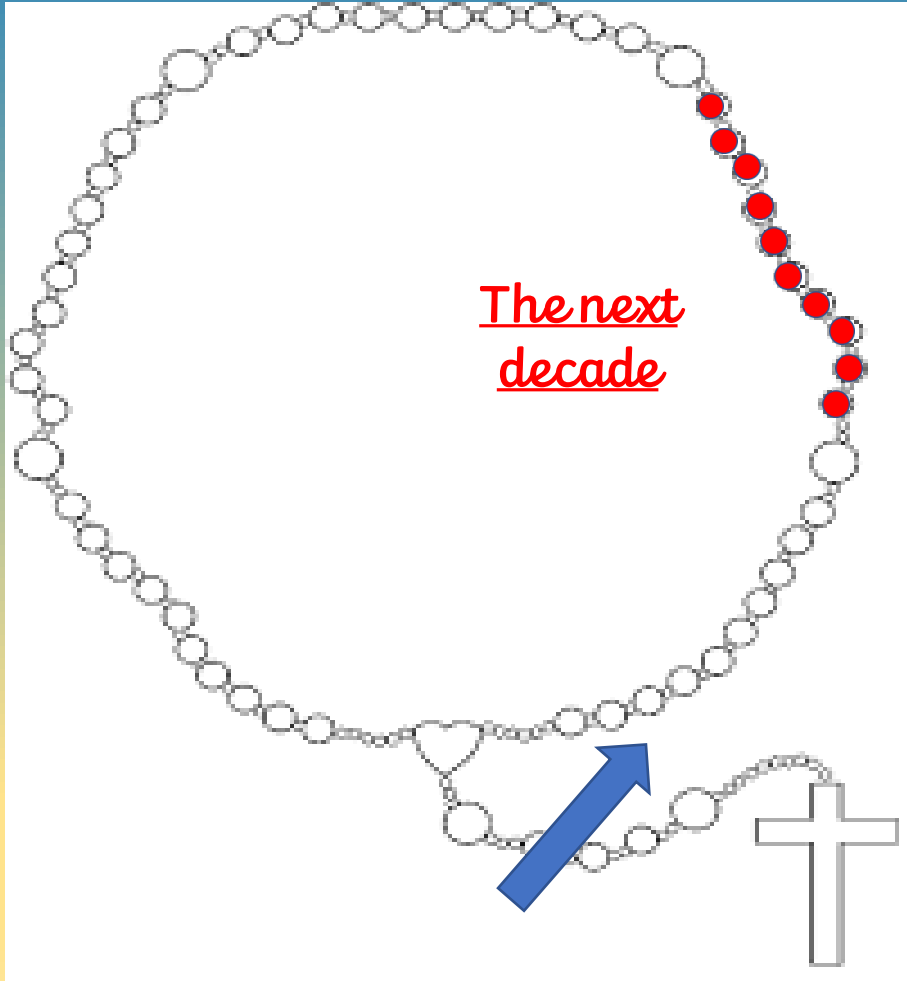
The Fruit of this Mystery: **Hope**

Our Father

Hail Mary x10

Glory Be

Fatima Prayer



The Glorious Mysteries  
The Fruit of this Mystery: Hope

Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.

2nd Mystery  
The Ascension of Jesus to Heaven

Mark 16:19





The Glorious Mysteries  
The Fruit of this Mystery: Hope

Leaders:

Glory Be to the Father and to the Son and to the Holy Spirit.

ALL:

As it was now in the beginning, is now, and ever shall be, world without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

2nd Mystery  
The Ascension of Jesus to Heaven  
Mark 16:19





## 3rd Mystery The Coming of the Holy Spirit

### Acts 2:4

"When the day of Pentecost had come, they were all together in one place. And suddenly a sound came from heaven like the rush of a mighty wind, and it filled all the house where they were sitting. And there appeared to them tongues as of fire, distributed and resting on each one of them. And they were all filled with the Holy Spirit and began to speak in other tongues, as the Spirit gave them utterance" (Acts 2:1-4).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Glorious Mysteries  
The Fruit of this Mystery: Love of God

3<sup>rd</sup> Mystery  
The Coming of the Holy Spirit  
Acts 2:4

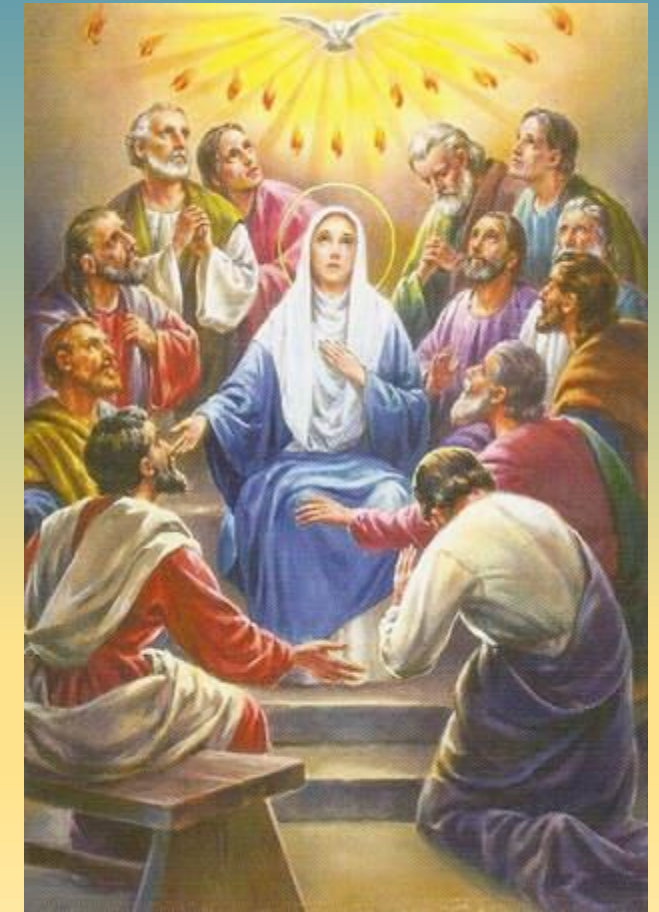


Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Glorious Mysteries  
The Fruit of this Mystery: Love of God

3<sup>rd</sup> Mystery  
The Coming of the Holy Spirit  
Acts 2:4



Leaders:

Glory Be to the Father and to the  
Son and to the Holy Spirit.

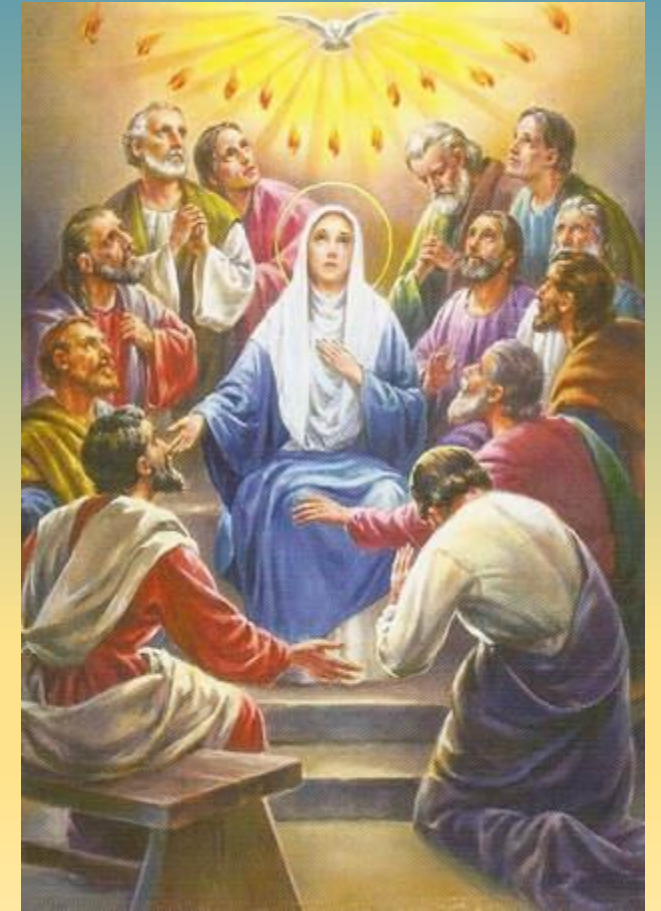
ALL:

As it was now in the beginning, is  
now, and ever shall be, world  
without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.





4<sup>th</sup> Mystery  
Ascension of Our Lady

Luke 1: 48 -49

"Henceforth all generations will call me blessed; for he who is mighty has done great things for me" (Lk 1:48-49).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



## The Glorious Mysteries

### The Fruit of this Mystery: Grace of a Happy Death

4<sup>th</sup> Mystery  
Ascension of Our Lady

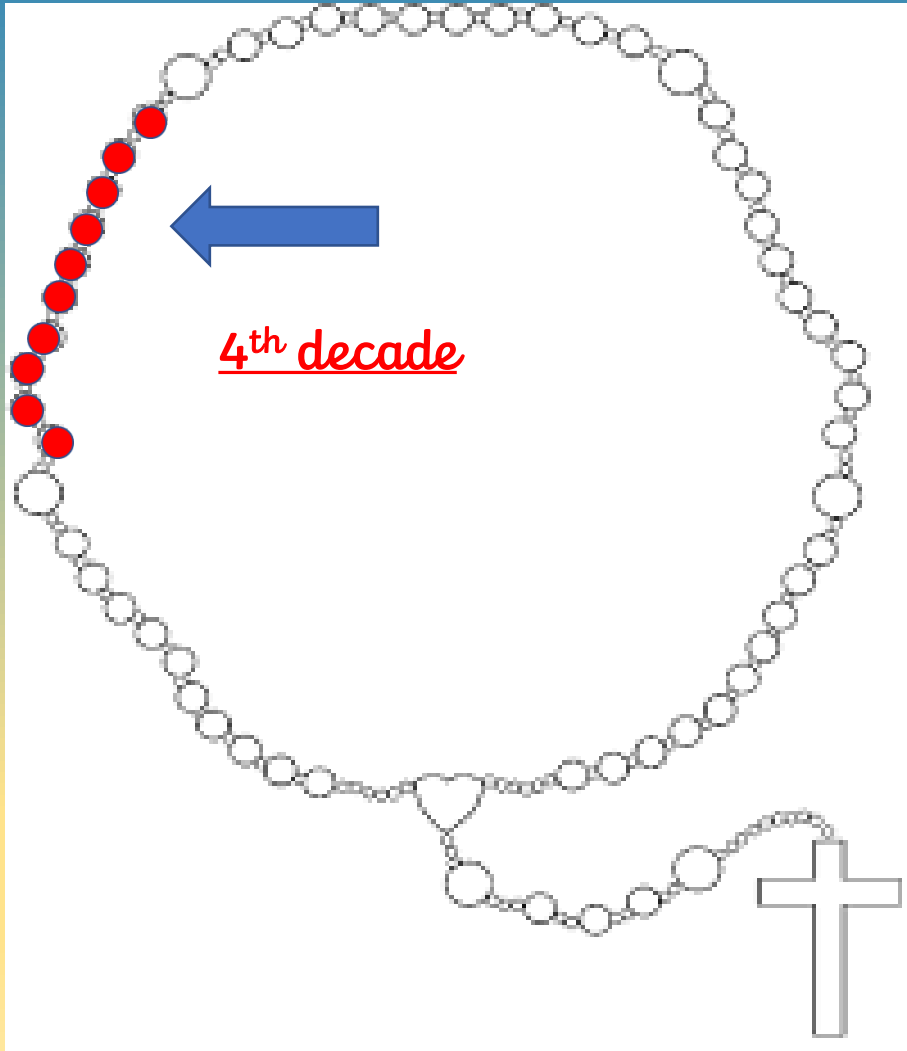
Luke 1: 48 -49

#### Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

#### ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.







## The Glorious Mysteries

### The Fruit of this Mystery: Grace of a Happy Death

4<sup>th</sup> Mystery  
Ascension of Our Lady

Luke 1: 48 -49



#### Leaders:

Glory Be to the Father and to the Son  
and to the Holy Spirit.

#### ALL:

As it was now in the beginning, is  
now, and ever shall be, world without  
end.  
Amen.

#### Fatima Prayer

#### ALL:

O My Jesus, forgive us our sins, save  
us from the fires of hell, lead all souls  
to Heaven, especially those in most  
need of Thy mercy. Amen.





5<sup>th</sup> Mystery  
The Coronation of Our Lady in Heaven

Rev 12:1

"And a great portent appeared in heaven, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars" (Rev 12:1 ).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



## The Glorious Mysteries

### The Fruit of this Mystery: Trust in Mary's Intercession

5<sup>th</sup> Mystery

The Coronation of Our Lady in Heaven

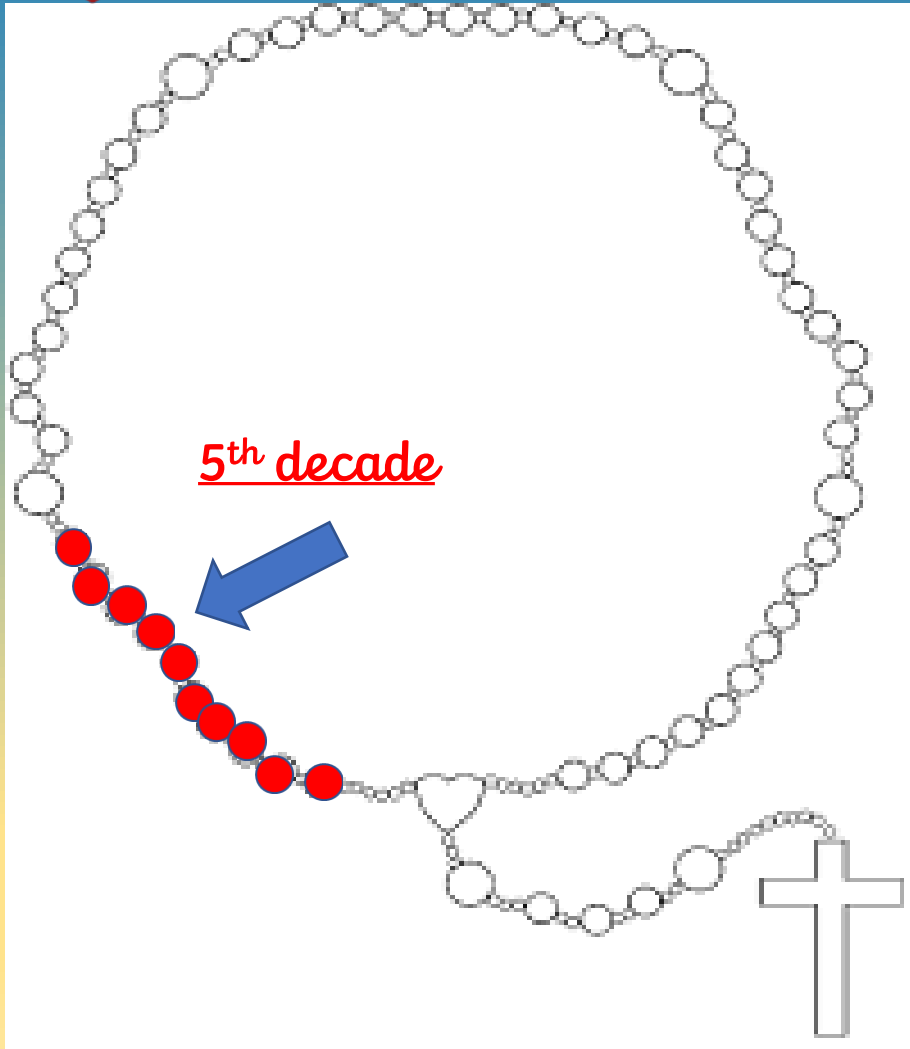
Rev 12:1

#### Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

#### ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.



5<sup>th</sup> decade



## The Glorious Mysteries

The Fruit of this Mystery: Trust in Mary's Intercession

5<sup>th</sup> Mystery

The Coronation of Our Lady in Heaven

Rev 12:1

## Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. Oh Clement, O loving, O sweet Virgin Mary.

Pray for us Oh Holy Mother of God.

That we may be made worthy of the promises of Christ.

**Amen**



Hail Holy Queen





# As it is **Thursday** we start with the **Luminous Mysteries...**

## Luminous Mysteries (Thursday)



**1. The baptism in the Jordan**



**2. The wedding feast of Cana**



**3. The proclamation of the kingdom of God**



**4. The transfiguration**

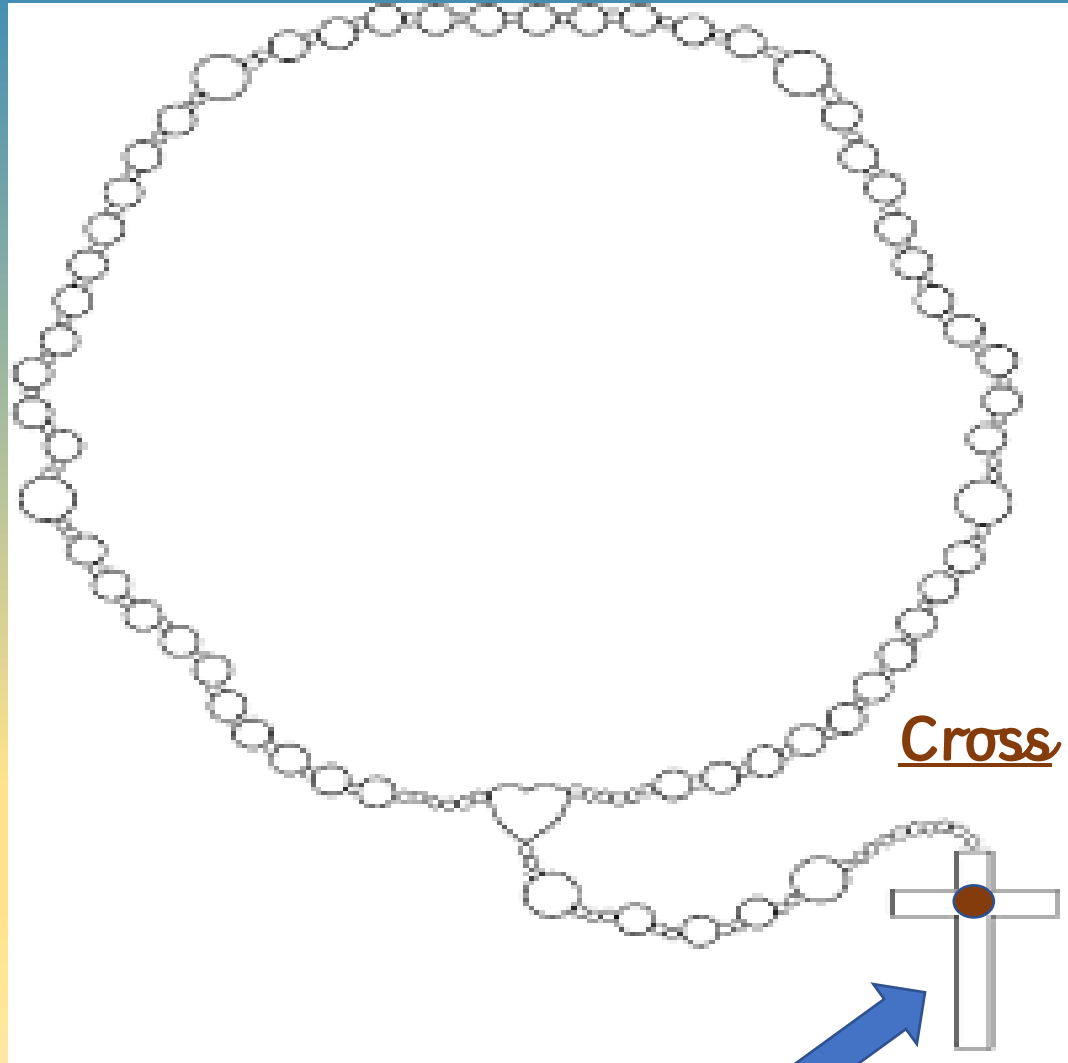


**5. The institution of the Eucharist**



# We start with the Apostles Creed...

## The Apostles' Creed



I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.



# Followed by the Our Father...



## Leaders:

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.

Thy will be done on earth as it is in heaven.

## ALL:

Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.



# Followed by x3 Hail Mary's...

## Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

## ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.







# Followed by the Glory Be...



## Leaders:

Glory Be to the Father and to the Son  
and to the Holy Spirit.

## ALL:

As it was now in the beginning, is now,  
and ever shall be, world without end.  
Amen.



# Followed by the Our Father...

## Leaders:

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.

Thy will be done on earth as it is in heaven.

## ALL:

Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.





# 1<sup>st</sup> Mystery

## Baptism of Christ in the Jordan.

### Matt 3:13-17

Then Jesus came from Galilee to the Jordan to John, to be baptized by him. John would have prevented him, saying, "I need to be baptized by you, and do you come to me?" But Jesus answered him, "Let it be so now; for thus it is fitting for us to fulfil all righteousness." Then he consented. And when Jesus was baptized, he went up immediately from the water, and behold, the heavens were opened and he saw the Spirit of God descending like a dove, and alighting on him; and lo, a voice from heaven, saying, "This is my beloved Son, with whom I am well pleased." ([Matthew 3:13-17](#))

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



We then choose a mystery to recite...

The Luminous Mysteries  
The Fruit of this Mystery:  
Openness to the Holy Spirit

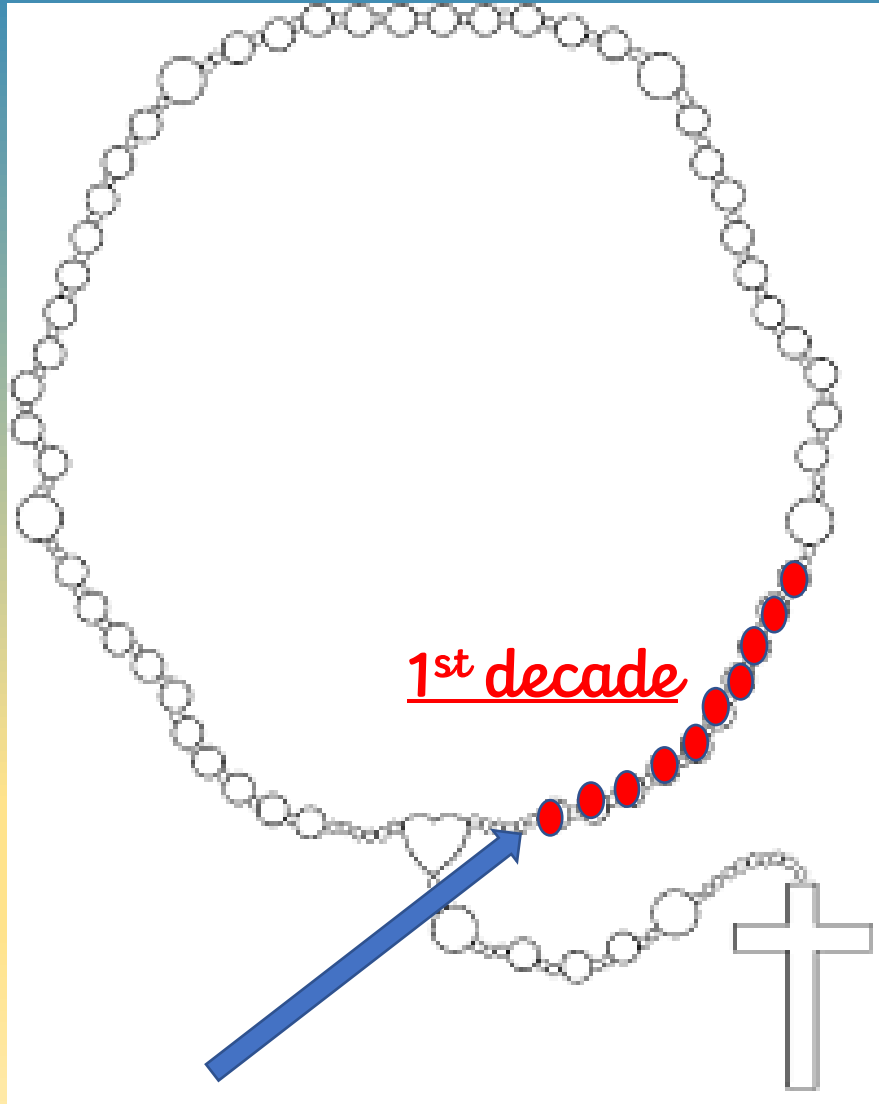
1<sup>st</sup> Mystery  
Baptism of Christ in the Jordan  
Matt 3:13-17

Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Luminous Mysteries  
The Fruit of this Mystery:  
Openness to the Holy Spirit

1<sup>st</sup> Mystery  
Baptism of Christ in the Jordan

Matt 3:13-17

Leaders:

Glory Be to the Father and to the Son and to the Holy Spirit.

ALL:

As it was now in the beginning,  
is now, and ever shall be, world  
without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.



Glory Be  
Fatima



# 2nd Mystery

## The Wedding Feast at Cana.

### John 2:1-11

On the third day there was a marriage at Cana in Galilee, and the mother of Jesus was there; Jesus also was invited to the marriage, with his disciples. When the wine failed, the mother of Jesus said to him, "They have no wine." And Jesus said to her, "O woman, what have you to do with me? My hour has not yet come." His mother said to the servants, "Do whatever he tells you." Now six stone jars were standing there, for the Jewish rites of purification, each holding twenty or thirty gallons. Jesus said to them, "Fill the jars with water." And they filled them up to the brim. He said to them, "Now draw some out, and take it to the steward of the feast." So they took it. When the steward of the feast tasted the water now become wine, and did not know where it came from (though the servants who had drawn the water knew), the steward of the feast called the bridegroom and said to him, "Every man serves the good wine first; and when men have drunk freely, then the poor wine; but you have kept the good wine until now." This, the first of his signs, Jesus did at Cana in Galilee, and manifested his glory; and his disciples believed in him. ([John 2:1-11](#)).

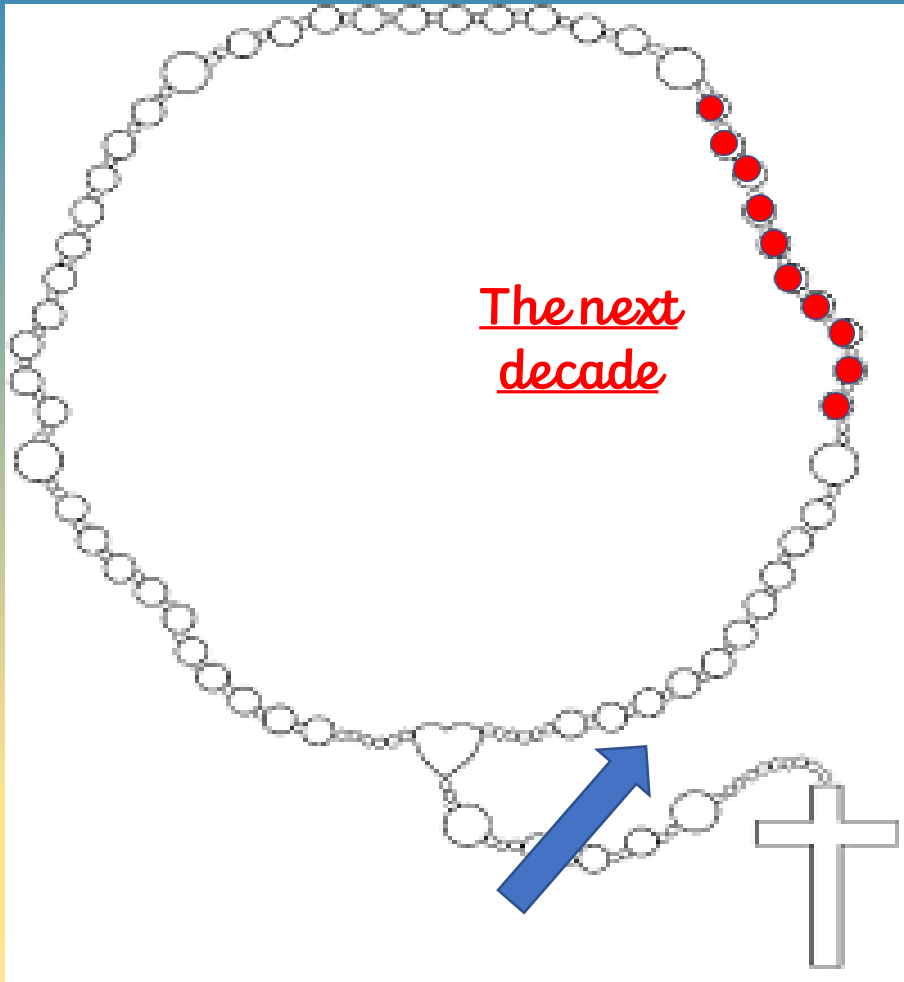
Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Luminous Mysteries  
The Fruit of this Mystery:  
To Jesus through Mary

2nd Mystery  
The Wedding Feast at Cana

John 2:1-11

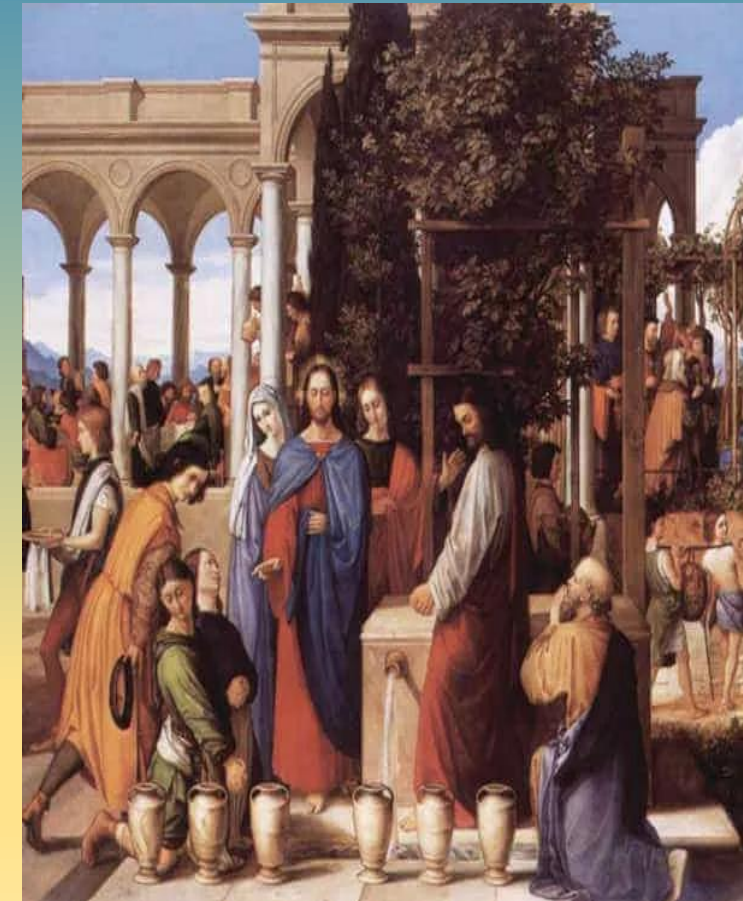


Leaders:

Hail Mary, full of grace.  
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Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Luminous Mysteries  
The Fruit of this Mystery:  
To Jesus through Mary

2nd Mystery  
The Wedding Feast at Cana

John 2:1-11



Leaders:

Glory Be to the Father and to the  
Son and to the Holy Spirit.

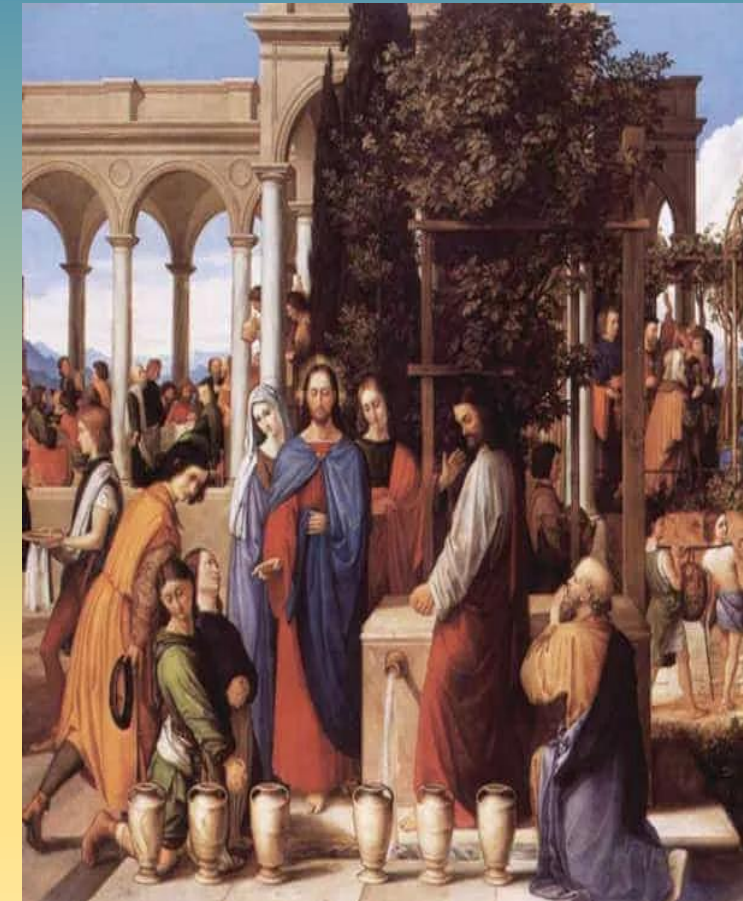
ALL:

As it was now in the beginning, is  
now, and ever shall be, world  
without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.







# 3<sup>rd</sup> Mystery

## Proclamation of the Kingdom of God

### Matt 4:12-17

Now when he heard that John had been arrested, he withdrew into Galilee; and leaving Nazareth he went and dwelt in Capernaum by the sea, in the territory of Zebulun and Naphtali, that what was spoken by the prophet Isaiah might be fulfilled:

“The land of Zebulun and the land of Naphtali, toward the sea, across the Jordan, Galilee of the Gentiles—the people who sat in darkness have seen a great light, and for those who sat in the region and shadow of death light has dawned.” From that time Jesus began to preach, saying, “Repent, for the kingdom of heaven is at hand.” ([Matthew 4:12-17](#))

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Luminous Mysteries  
The Fruit of this Mystery:  
Repentance, Trust in God

3<sup>rd</sup> Mystery  
Proclamation of the Kingdom of God  
Matt 4:12-17

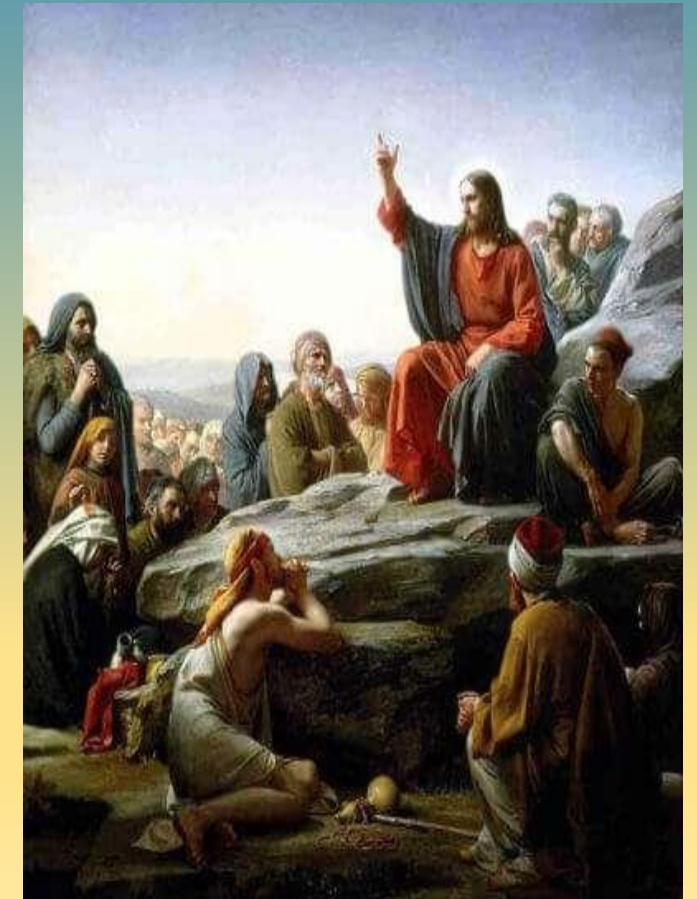


Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Luminous Mysteries  
The Fruit of this Mystery:  
**Repentance, Trust in God**

Leaders:

Glory Be to the Father and to the  
Son and to the Holy Spirit.

ALL:

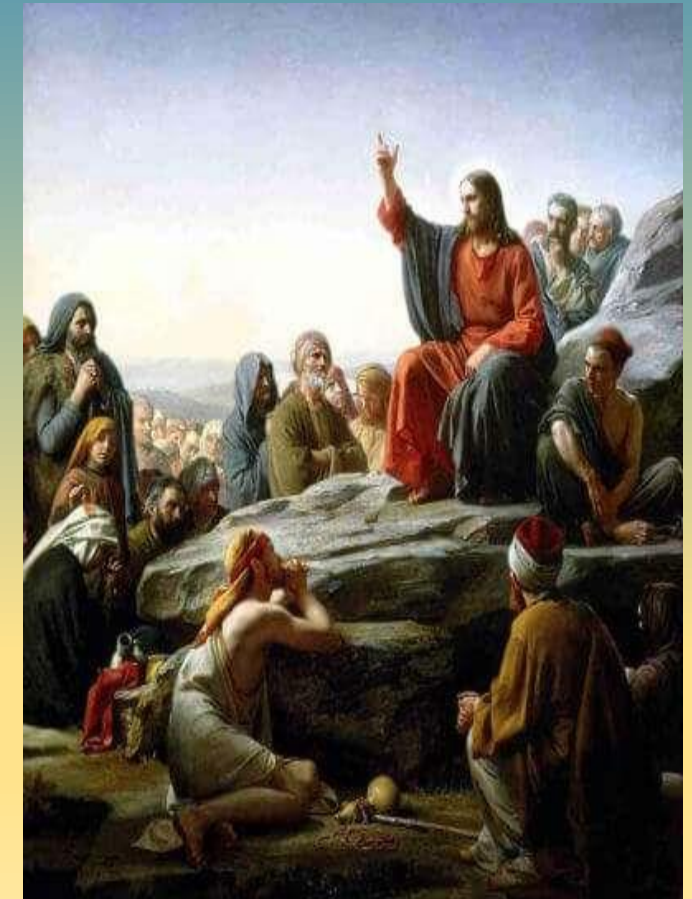
As it was now in the beginning, is  
now, and ever shall be, world  
without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.

3<sup>rd</sup> Mystery  
Proclamation of the Kingdom of God  
Matt 4:12-17





# 4th Mystery

## Transfiguration

### Luke 9:28-36

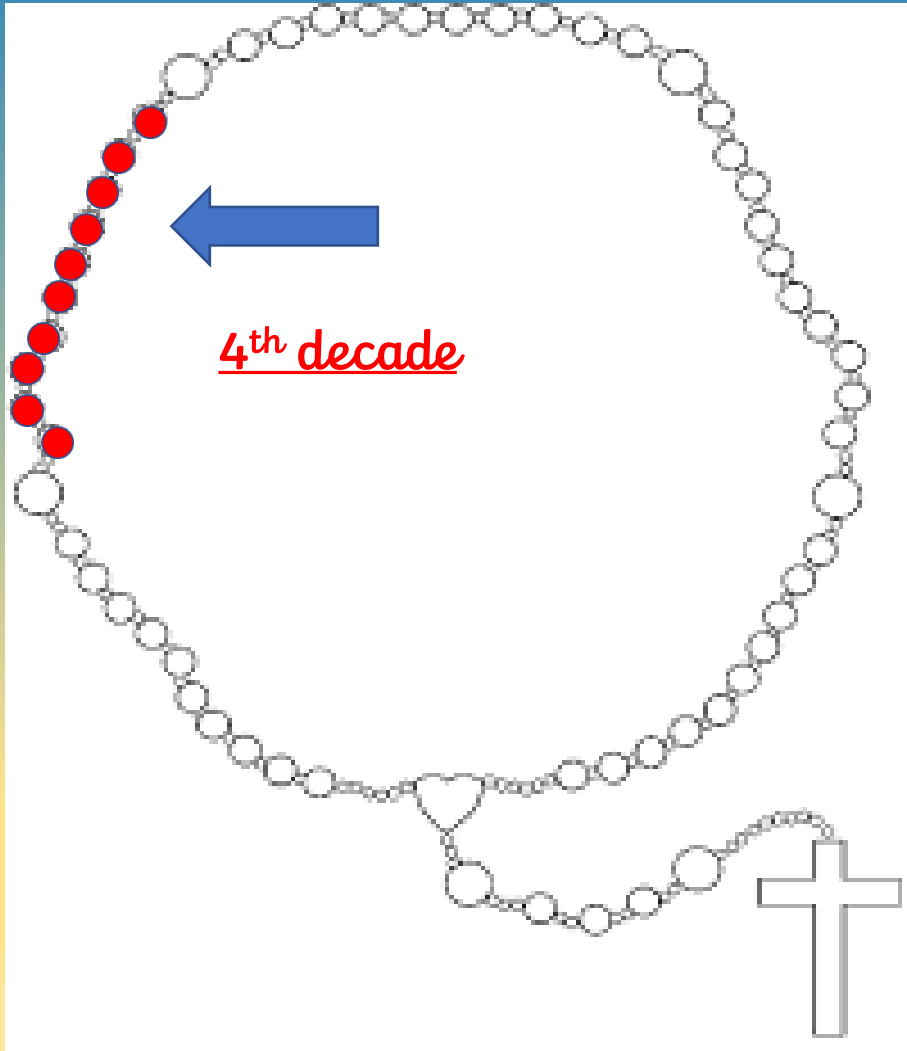
Now about eight days after these sayings he took with him Peter and John and James, and went up on the mountain to pray. And as he was praying, the appearance of his countenance was altered, and his raiment became dazzling white. And behold, two men talked with him, Moses and Elijah, who appeared in glory and spoke of his departure, which he was to accomplish at Jerusalem. Now Peter and those who were with him were heavy with sleep, and when they wakened they saw his glory and the two men who stood with him. And as the men were parting from him, Peter said to Jesus, "Master, it is well that we are here; let us make three booths, one for you and one for Moses and one for Elijah"—not knowing what he said. As he said this, a cloud came and overshadowed them; and they were afraid as they entered the cloud. And a voice came out of the cloud, saying, "This is my Son, my Chosen; listen to him!" And when the voice had spoken, Jesus was found alone. And they kept silence and told no one in those days anything of what they had seen. ([Luke 9:28-36](#)).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Luminous Mysteries  
The Fruit of this Mystery: Desire for Holiness

4<sup>th</sup> Mystery  
Transfiguration  
Luke 9:28-36

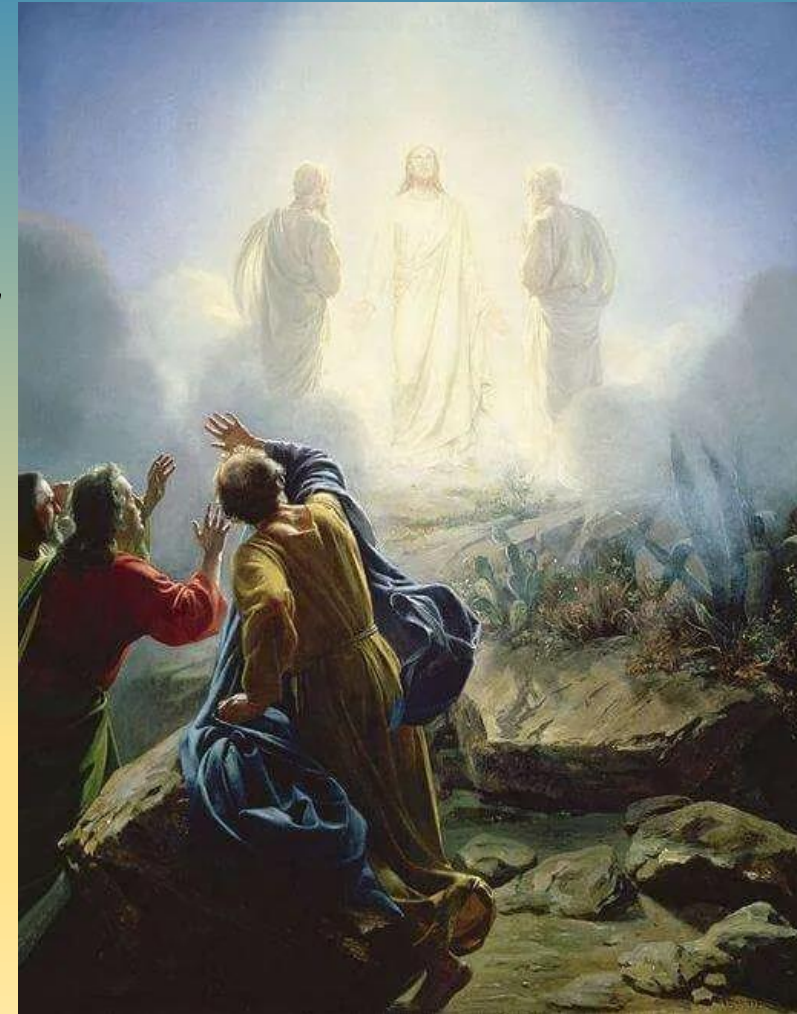


Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

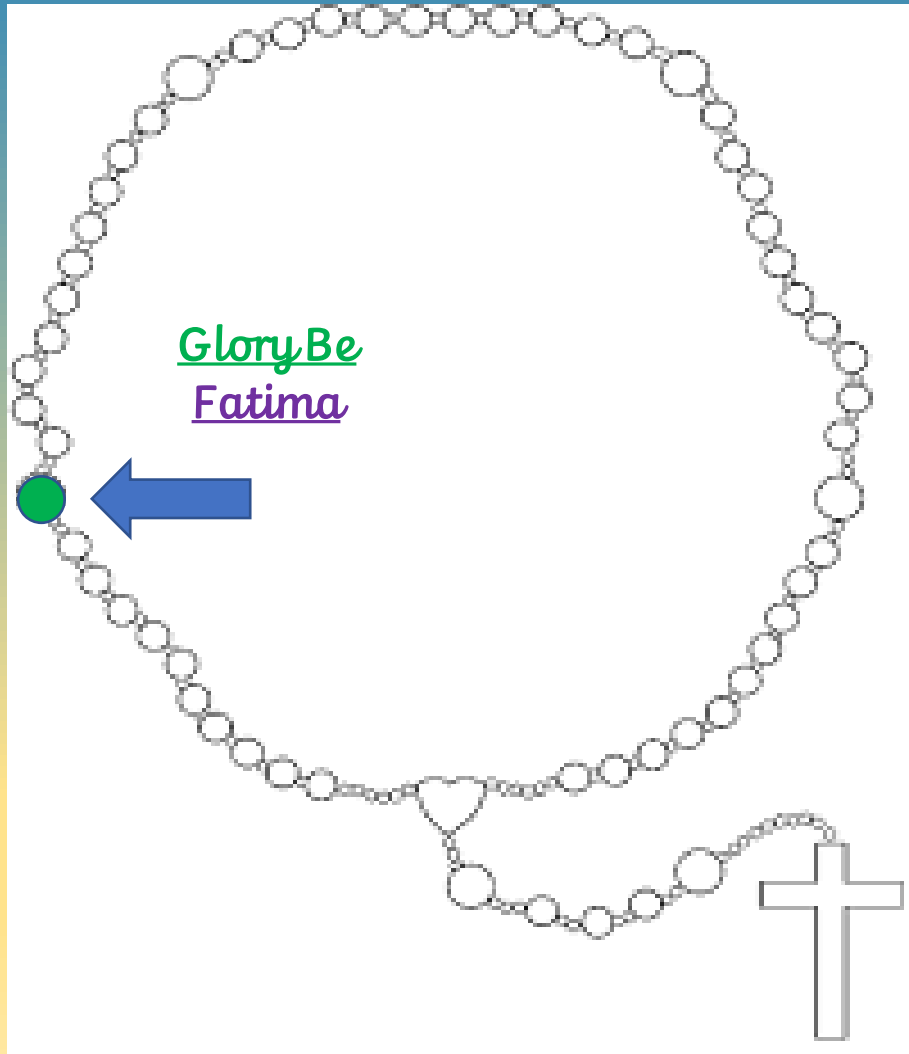
Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Luminous Mysteries  
The Fruit of this Mystery: Desire for Holiness

4<sup>th</sup> Mystery  
Transfiguration  
Luke 9:28-36



Leaders:

Glory Be to the Father and to the Son  
and to the Holy Spirit.

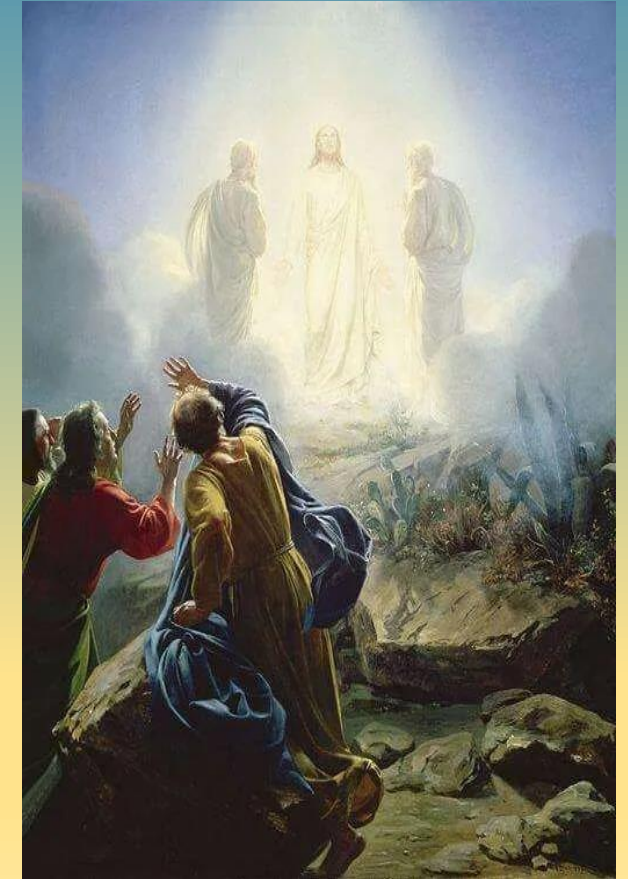
ALL:

As it was now in the beginning, is  
now, and ever shall be, world without  
end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins, save  
us from the fires of hell, lead all souls  
to Heaven, especially those in most  
need of Thy mercy. Amen.





# 5th Mystery

## Institution of the Eucharist

### Matt 26:26-30

Now as they were eating, Jesus took bread, and blessed, and broke it, and gave it to the disciples and said, "Take, eat; this is my body." And he took a cup, and when he had given thanks he gave it to them, saying, "Drink of it, all of you; for this is my blood of the covenant, which is poured out for many for the forgiveness of sins. I tell you I shall not drink again of this fruit of the vine until that day when I drink it new with you in my Father's kingdom."

And when they had sung a hymn, they went out to the Mount of Olives. ([Matthew 26:26-30](#)).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Luminous Mysteries  
The Fruit of this Mystery:

Eucharist Adoration, Active Participation at Mass

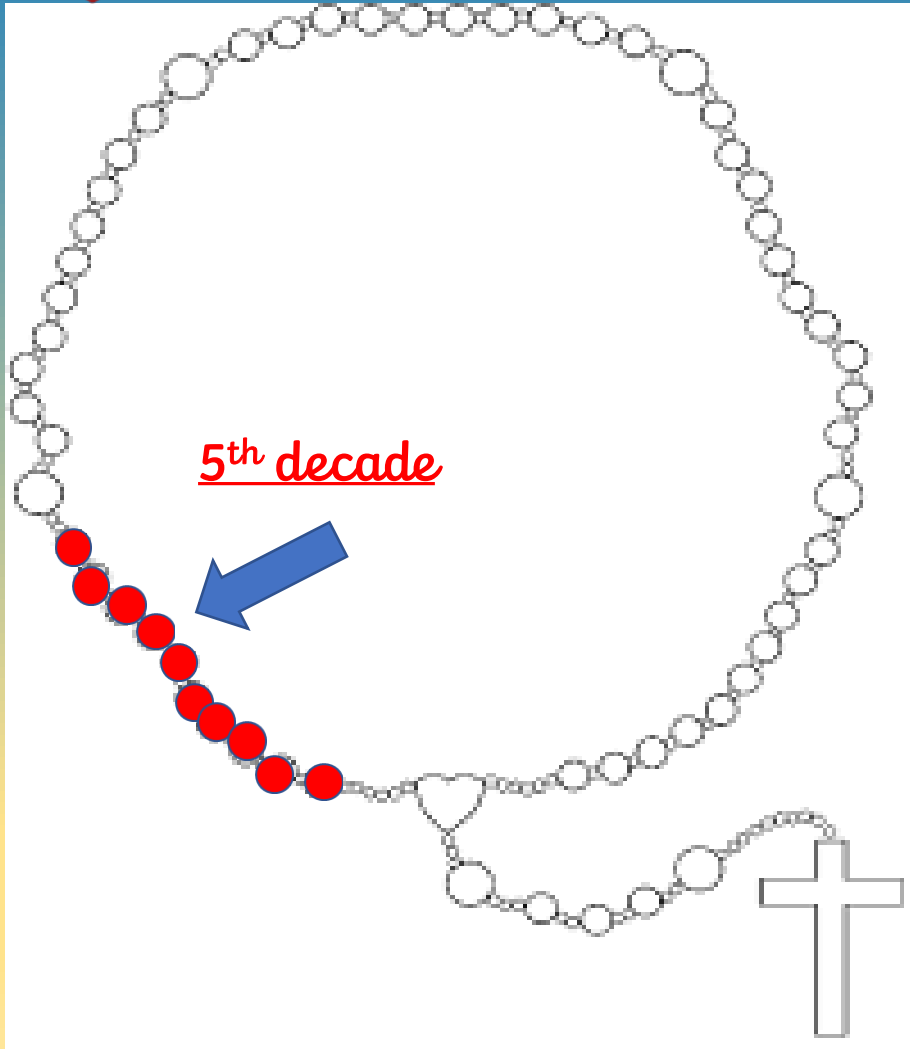
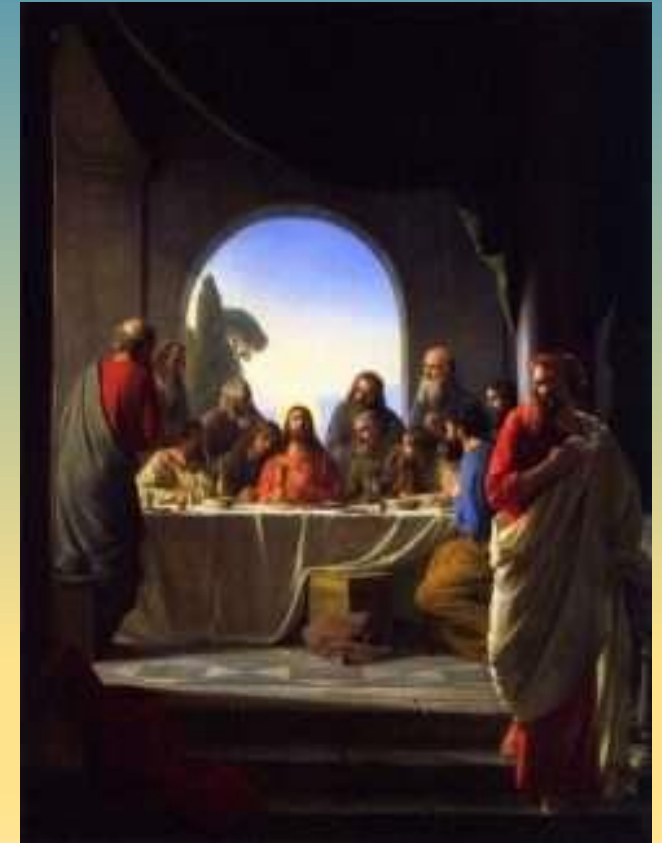
5<sup>th</sup> Mystery  
Institution of the Eucharist  
Matt 26:26-30

Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.







## The Luminous Mysteries

### The Fruit of this Mystery:

**Eucharist Adoration, Active Participation at Mass**

5<sup>th</sup> Mystery  
Institution of the Eucharist  
Matt 26:26-30

## Hail Holy Queen

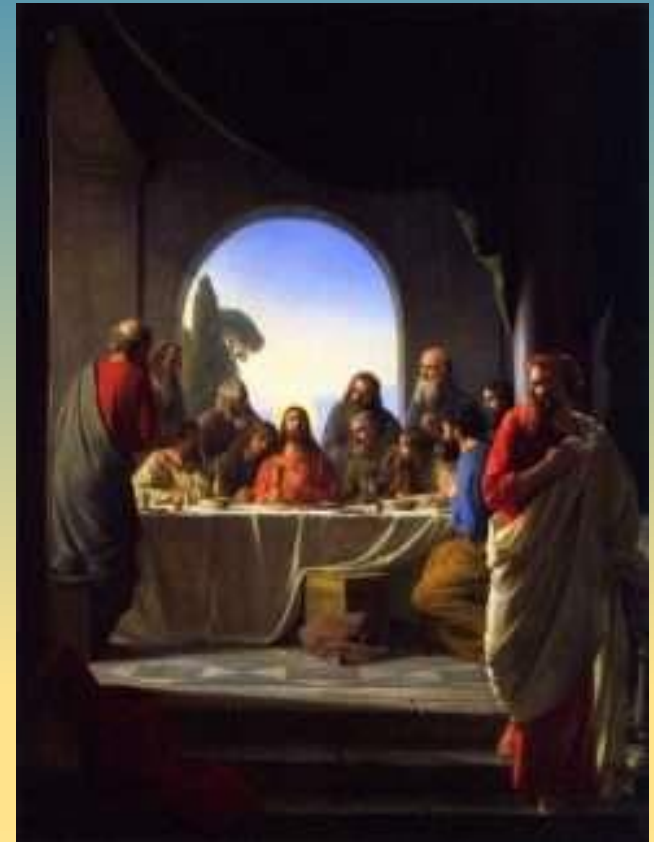
Hail Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. Oh Clement, O loving, O sweet Virgin Mary.

Pray for us Oh Holy Mother of God.

That we may be made worthy of the promises of Christ.

**Amen**

Hail Holy Queen





As it is **Friday** we start with the  
**Sorrowful Mysteries...**

Sorrowful Mysteries (Tuesday and Friday)



1. The agony in  
The garden



2. The scourging  
at the pillar



3. The crowning  
with thorns



4. The carrying of  
the cross



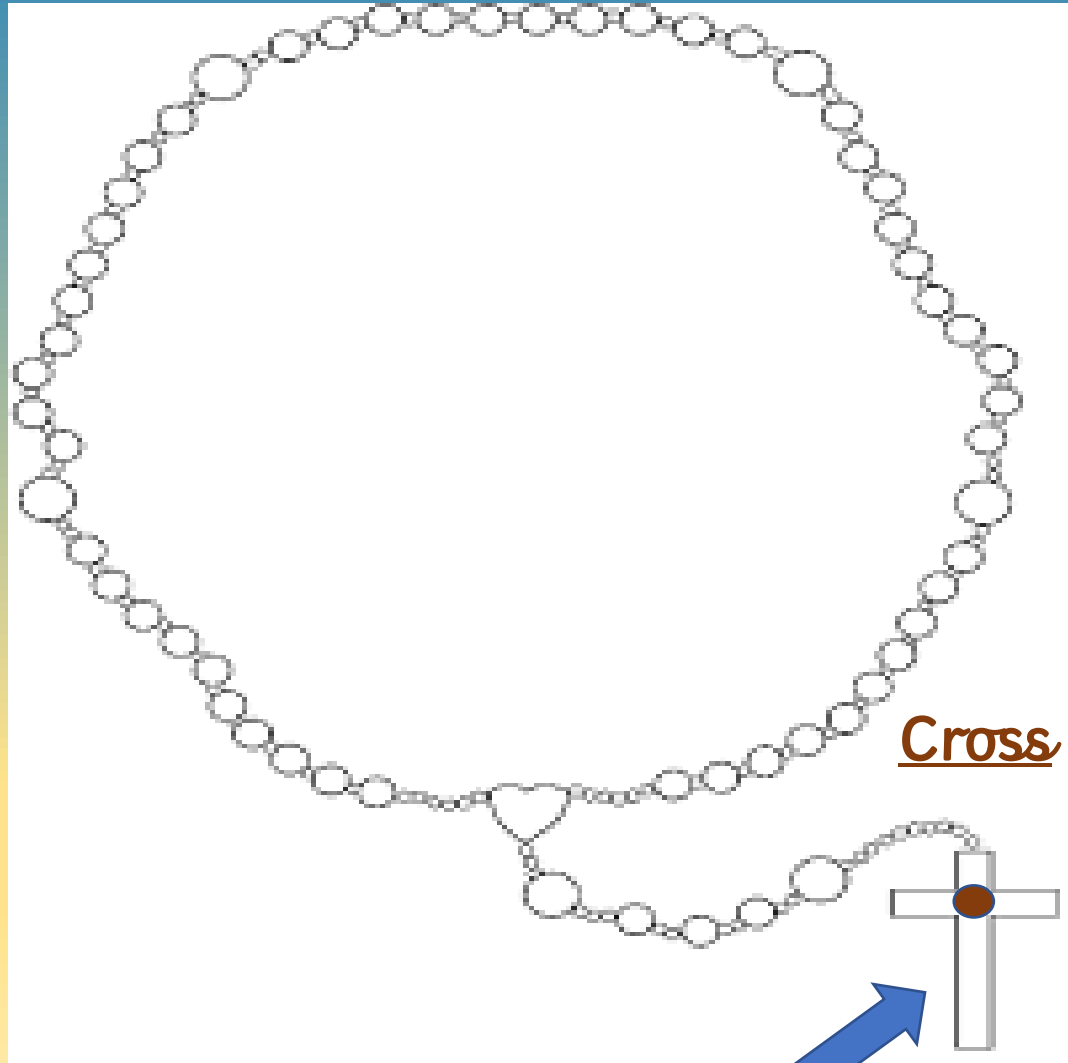
5. The crucifixion

The **Sorrowful Mysteries** are also  
prayed on **Tuesday's**.



# We start with the Apostles Creed...

## The Apostles' Creed



I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.



# Followed by the Our Father...



## Leaders:

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.

Thy will be done on earth as it is in heaven.

## ALL:

Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.



# Followed by x3 Hail Mary's...

## Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

## ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.





# Followed by the Glory Be...



## Leaders:

Glory Be to the Father and to the Son  
and to the Holy Spirit.

## ALL:

As it was now in the beginning, is now,  
and ever shall be, world without end.  
Amen.



# Followed by the Our Father...

## Leaders:

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.

Thy will be done on earth as it is in heaven.

## ALL:

Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.





# 1<sup>st</sup> Mystery

## The Agony in the Garden.

### Matt 26:36-46

Then Jesus went with them to a place called Gethsemane, and he said to his disciples, "Sit here, while I go yonder and pray." And taking with him Peter and the two sons of Zebedee, he began to be sorrowful and troubled. Then he said to them, "My soul is very sorrowful, even to death; remain here, and watch with me." And going a little farther he fell on his face and prayed, "My Father, if it be possible, let this cup pass from me; nevertheless, not as I will, but as thou wilt." And he came to the disciples and found them sleeping; and he said to Peter, "So, could you not watch with me one hour? Watch and pray that you may not enter into temptation; the spirit indeed is willing, but the flesh is weak." Again, for the second time, he went away and prayed, "My Father, if this cannot pass unless I drink it, thy will be done." And again he came and found them sleeping, for their eyes were heavy. So, leaving them again, he went away and prayed for the third time, saying the same words. Then he came to the disciples and said to them, "Are you still sleeping and taking your rest? Behold, the hour is at hand, and the Son of man is betrayed into the hands of sinners. Rise, let us be going; see, my betrayer is at hand." ([Matthew 26:36-46](#))

Our Father

Hail Mary x10

Glory Be

Fatima Prayer





We then choose a mystery to recite...

The Sorrowful Mysteries

The Fruit of this Mystery:

Contrition, Conformity to the Will of God

Leaders:

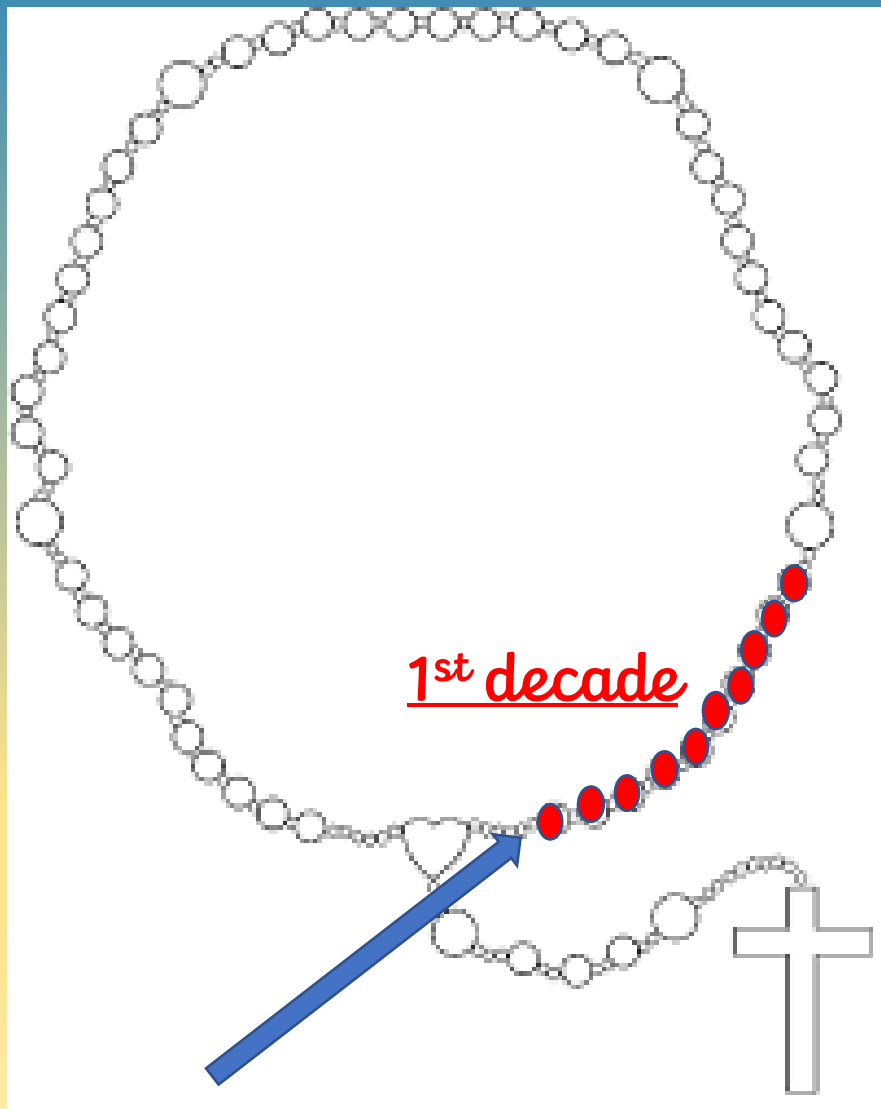
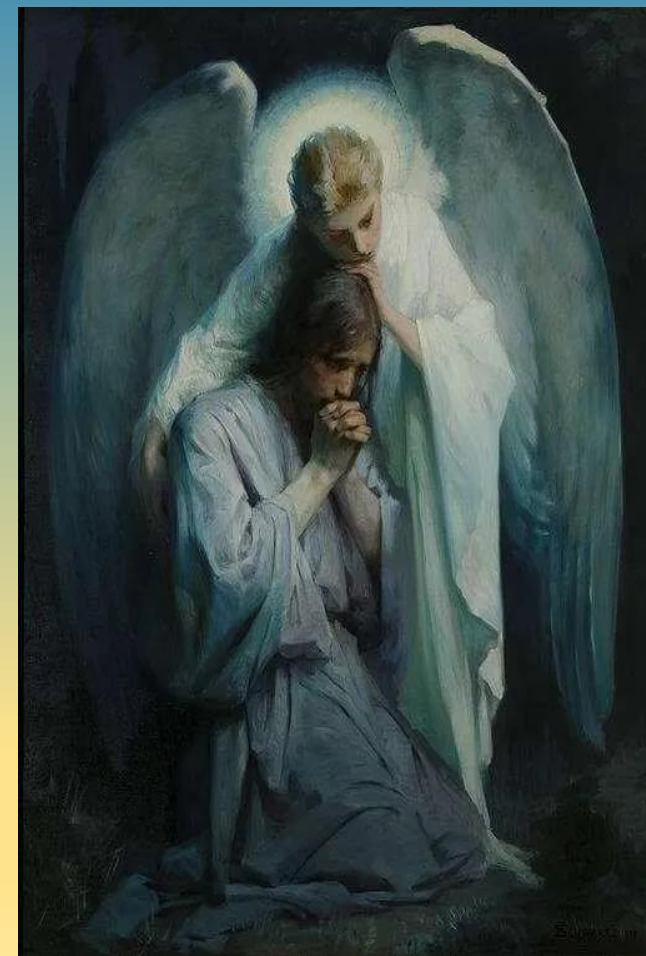
Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.

1<sup>st</sup> Mystery  
The Agony in the Garden.

Matt 26:36-46





The Sorrowful Mysteries  
The Fruit of this Mystery:  
Contrition, Conformity to the  
Will of God

1<sup>st</sup> Mystery  
The Agony in the Garden.

Matt 26:36-46

Leaders:

Glory Be to the Father and to the  
Son and to the Holy Spirit.

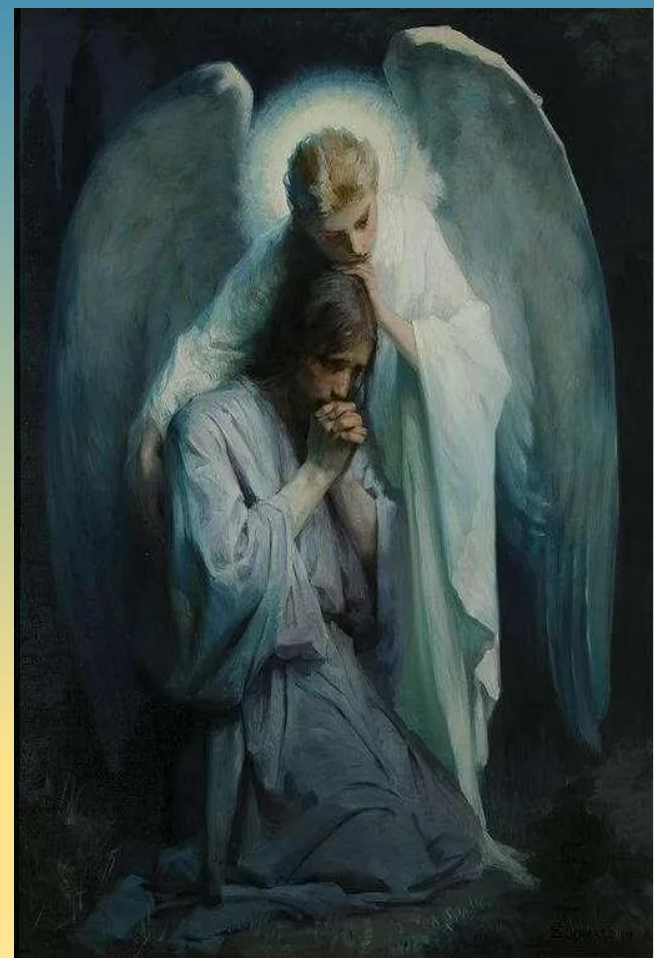
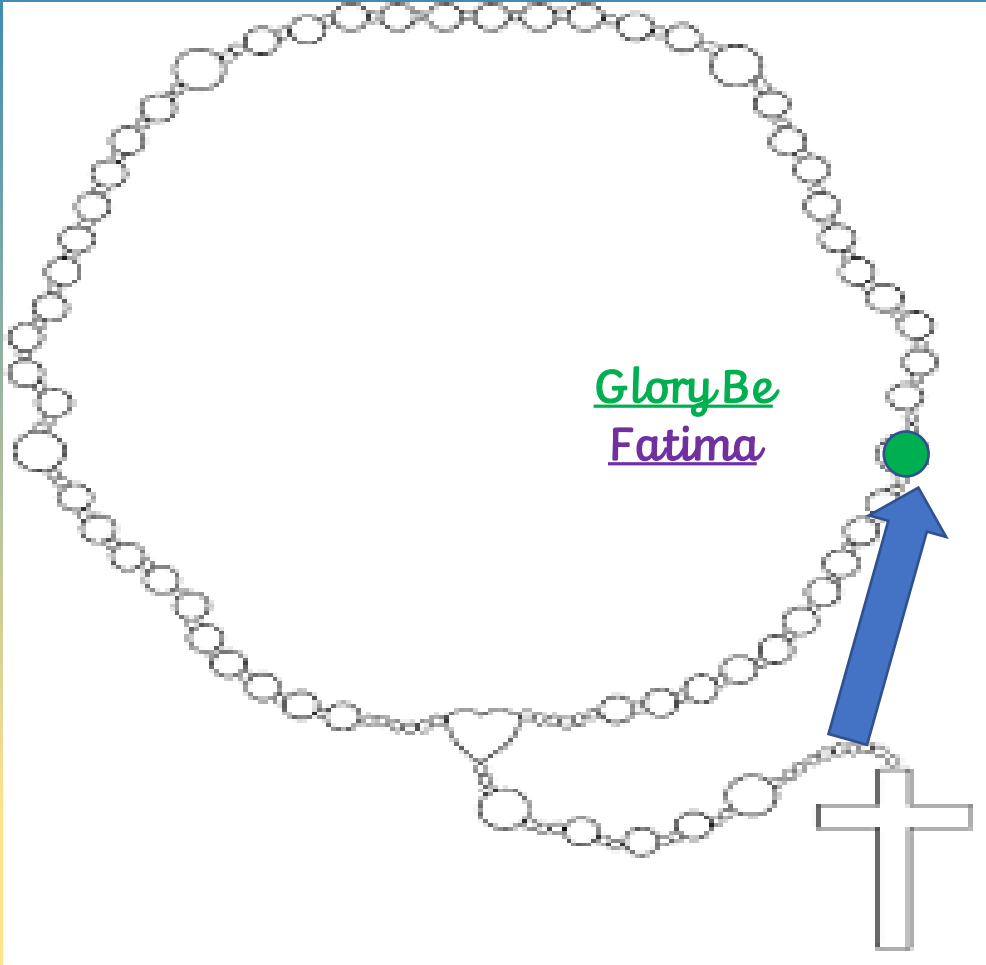
ALL:

As it was now in the beginning,  
is now, and ever shall be, world  
without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.





# 2nd Mystery

## The Scourging at the Pillar.

### John 19: 1- 7

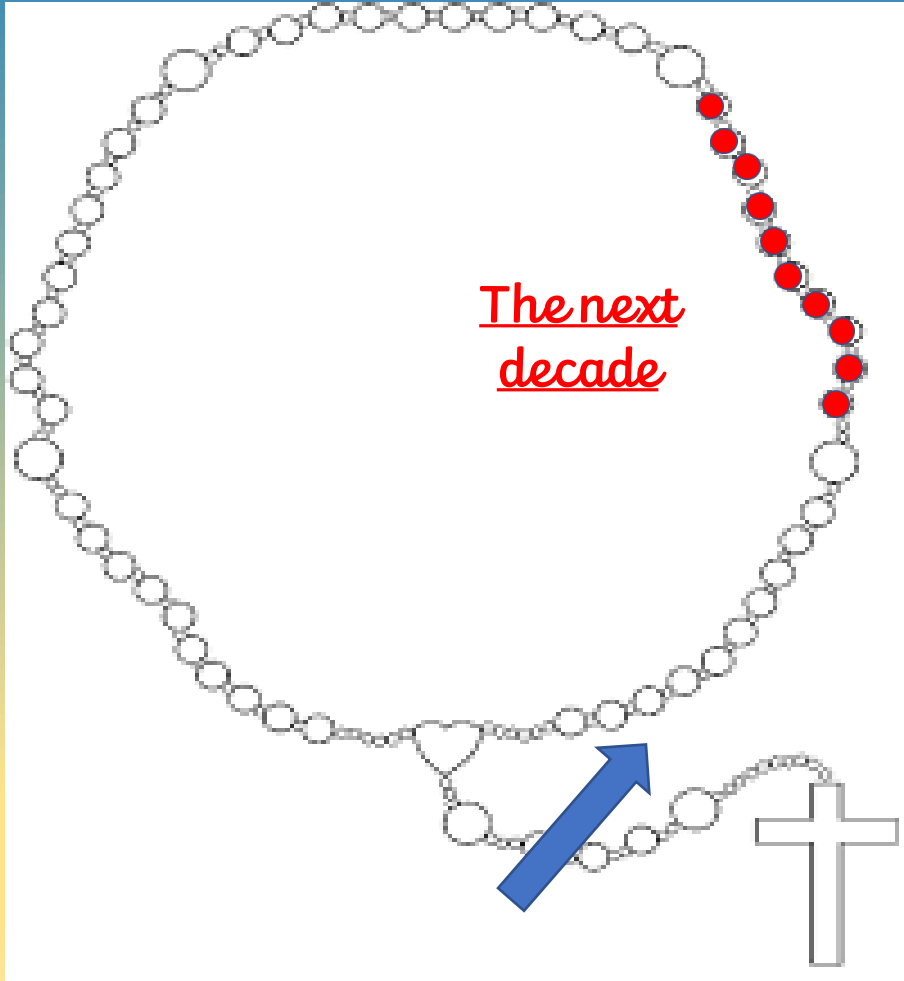
Then Pilate took Jesus and scourged him. And the soldiers plaited a crown of thorns, and put it on his head, and arrayed him in a purple robe; they came up to him, saying, "Hail, King of the Jews!" and struck him with their hands. Pilate went out again, and said to them, "See, I am bringing him out to you, that you may know that I find no crime in him." So Jesus came out, wearing the crown of thorns and the purple robe. Pilate said to them, "Behold the man!" When the chief priests and the officers saw him, they cried out, "Crucify him, crucify him!" Pilate said to them, "Take him yourselves and crucify him, for I find no crime in him." The Jews answered him, "We have a law, and by that law he ought to die, because he has made himself the Son of God." ([John 19:1-7](#))

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Sorrowful Mysteries  
The Fruit of this Mystery:  
Purity, Mortification

2nd Mystery  
The Scourging at the Pillar.  
John 19: 1- 7

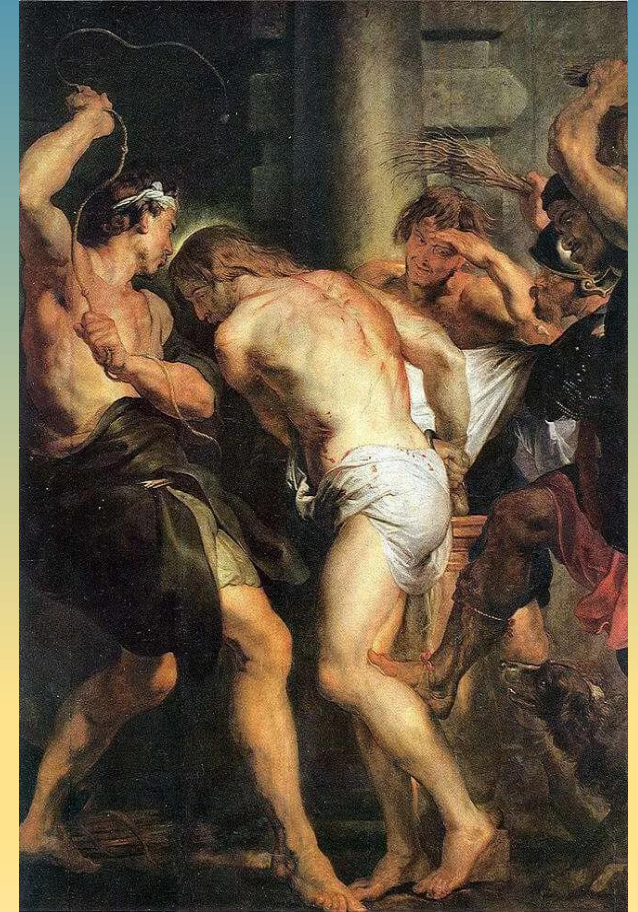


Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Sorrowful Mysteries  
The Fruit of this Mystery:  
Purity, Mortification

2nd Mystery  
The Wedding Feast at Cana

John 2:1-11



Leaders:

Glory Be to the Father and to the  
Son and to the Holy Spirit.

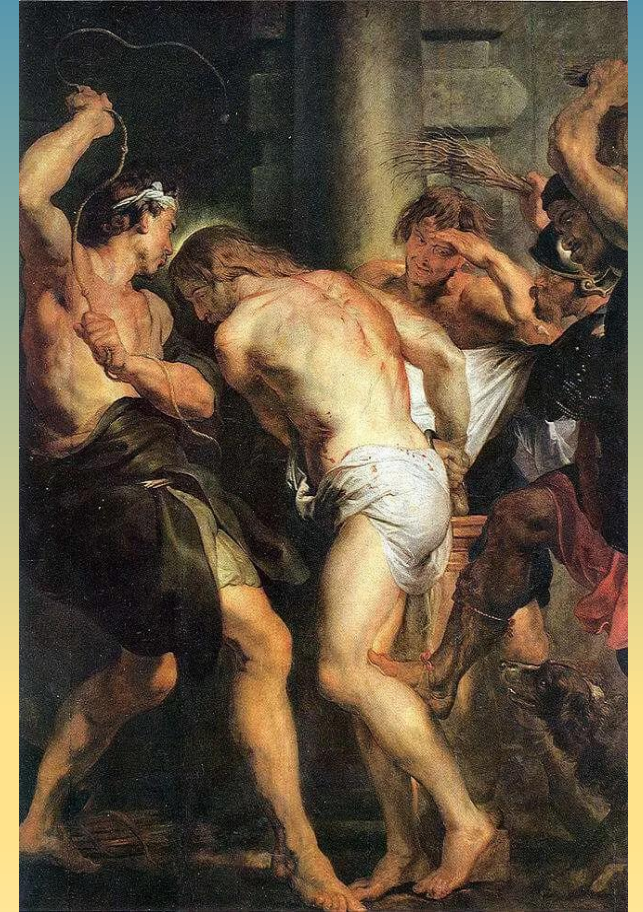
ALL:

As it was now in the beginning, is  
now, and ever shall be, world  
without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.





# 3rd Mystery

## The Crowning of the Thorns.

### Matt 27: 27-31

Then the soldiers of the governor took Jesus into the praetorium, and they gathered the whole battalion before him. And they stripped him and put a scarlet robe upon him, and plaiting a crown of thorns they put it on his head, and put a reed in his right hand. And kneeling before him they mocked him, saying, "Hail, King of the Jews!" And they spat upon him, and took the reed and struck him on the head. And when they had mocked him, they stripped him of the robe, and put his own clothes on him, and led him away to crucify him. ([Matthew 27:27-31](#))

Our Father

Hail Mary x10

Glory Be

Fatima Prayer



The Sorrowful Mysteries  
The Fruit of this Mystery:  
**Moral Courage**

3rd Mystery  
The Crowning of the Thorns.  
Matt 27: 27-31

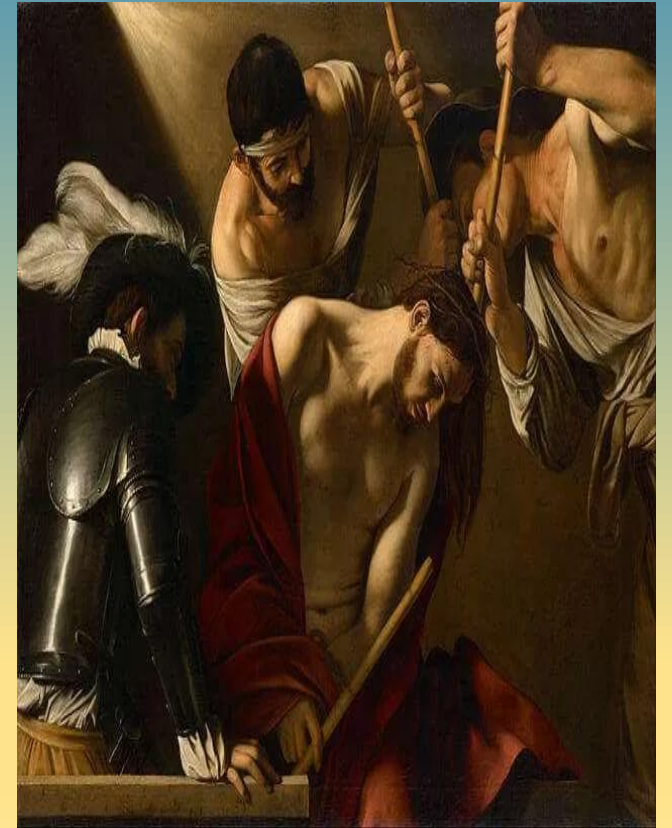


Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Sorrowful Mysteries  
The Fruit of this Mystery:  
**Moral Courage**

Leaders:

Glory Be to the Father and to the Son and to the Holy Spirit.

ALL:

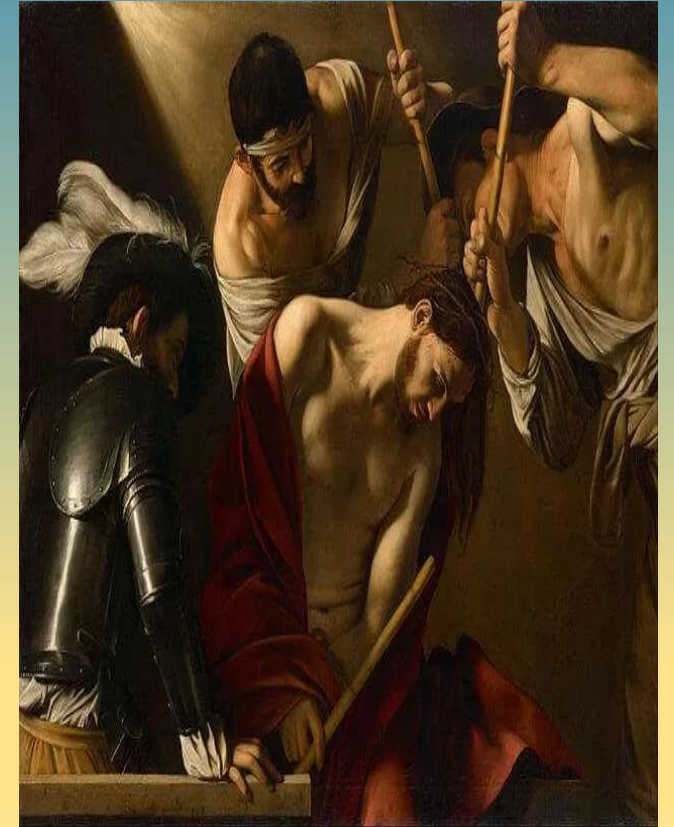
As it was now in the beginning, is now, and ever shall be, world without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins, save us from the fires of hell, lead all souls to Heaven, especially those in most need of Thy mercy. Amen.

3rd Mystery  
The Crowning of the Thorns.  
Matt 27: 27-31







# 4th Mystery

## The Carrying of the Cross.

### Matt 27: 31 - 33

And when they had mocked him, they stripped him of the robe, and put his own clothes on him, and led him away to crucify him. As they went out, they came upon a man of Cyrene, Simon by name; this man they compelled to carry his cross. And when they came to a place called Golgotha (which means the place of a skull), they offered him wine to drink, mingled with gall; but when he tasted it, he would not drink it. ([Matthew 27:31-33](#))

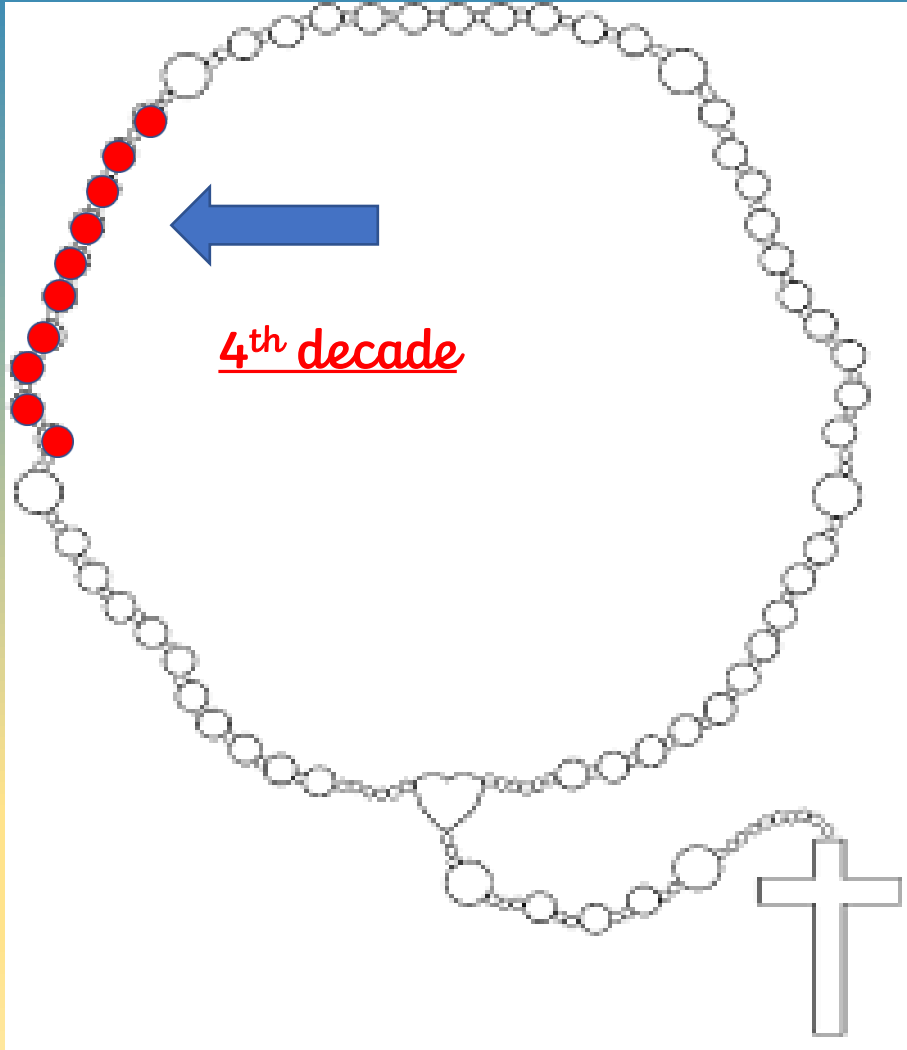
Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Sorrowful Mysteries  
The Fruit of this Mystery: Patience

4th Mystery  
The Carrying of the Cross.

Matt 27: 31 - 33

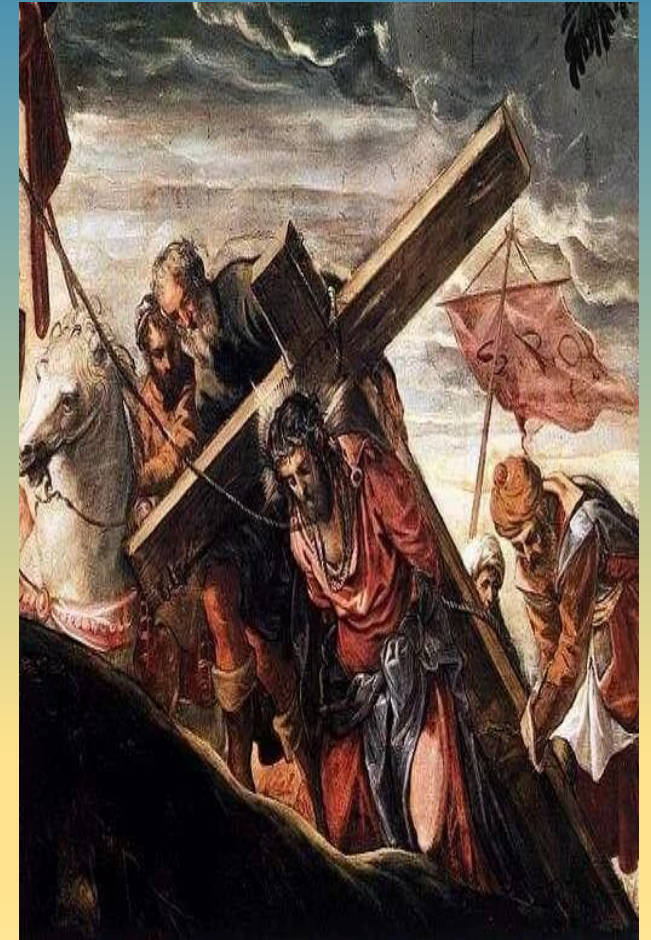


Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Sorrowful Mysteries  
The Fruit of this Mystery: Patience

4th Mystery  
The Carrying of the Cross.

Matt 27: 31 - 33

Leaders:

Glory Be to the Father and to the Son  
and to the Holy Spirit.

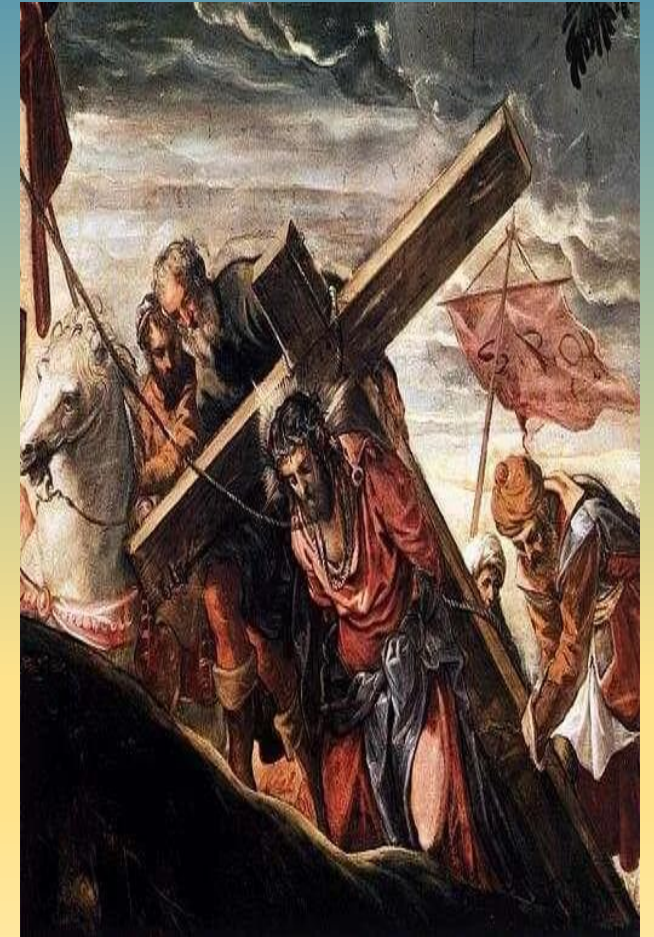
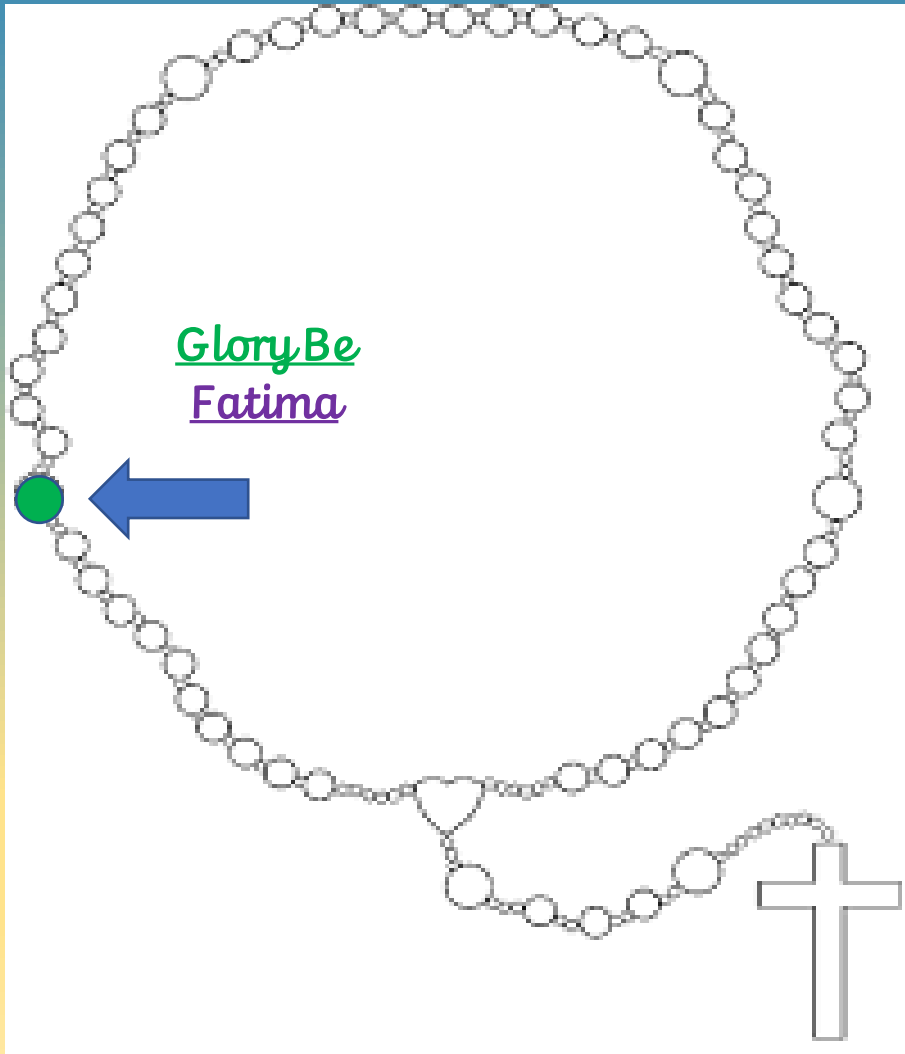
ALL:

As it was now in the beginning, is  
now, and ever shall be, world without  
end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins, save  
us from the fires of hell, lead all souls  
to Heaven, especially those in most  
need of Thy mercy. Amen.





# 5th Mystery

## The Crucifixion and Death

### Luke 23: 33 - 46

"And when they came to the place which is called The Skull, there they crucified him, and the criminals, one on the right and one on the left. And Jesus said, 'Father, forgive them; for they know not what they do' ...It was now about the sixth hour, and there was darkness over the whole land until the ninth hour, while the sun's light failed; and the curtain of the temple was torn in two. Then Jesus, crying with a loud voice, said, 'Father, into thy hands I commit my spirit!' And having said this he breathed his last" (Luke 23:33-46).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Sorrowful Mysteries  
The Fruit of this Mystery:  
**Salvation, Self Denial**

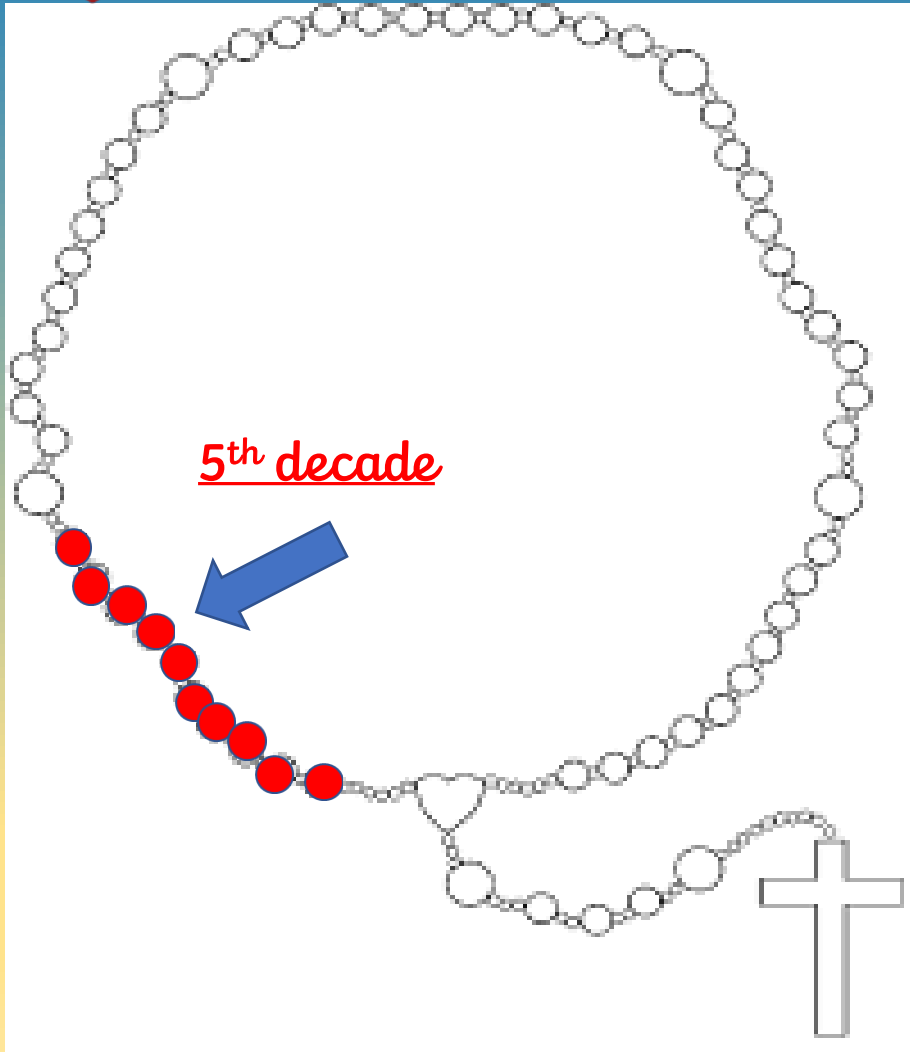
5th Mystery  
The Crucifixion and Death  
Luke 23: 33 - 46

Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Sorrowful Mysteries  
The Fruit of this Mystery:  
**Salvation, Self Denial**

5th Mystery  
The Crucifixion and Death  
Luke 23: 33 - 46

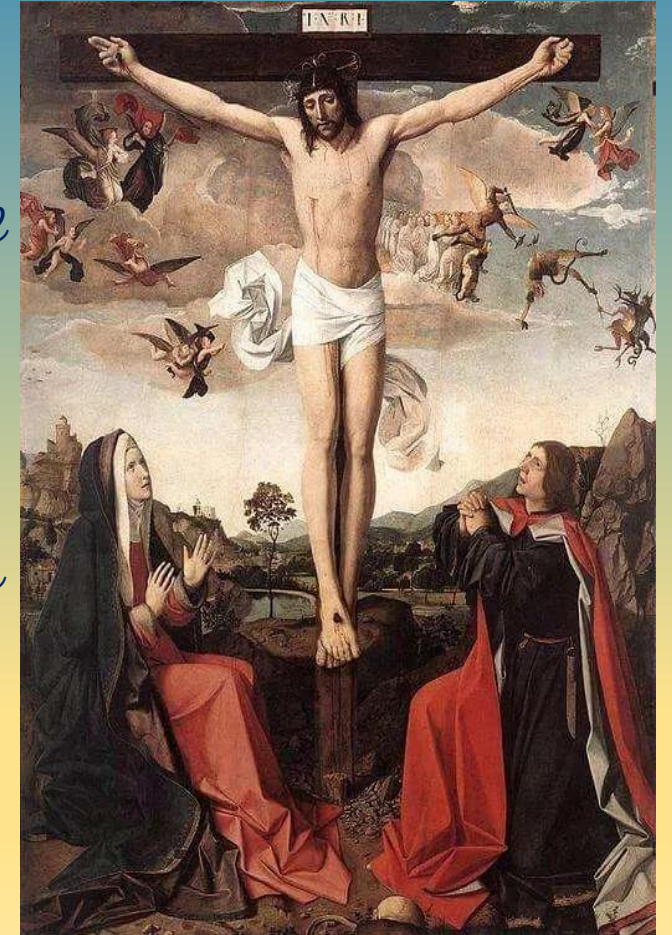
Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. Oh Clement, O loving, O sweet Virgin Mary.

Pray for us Oh Holy Mother of God.

That we may be made worthy of the promises of Christ.

**Amen**



Hail Holy Queen





As it is **Monday** we start with the  
**Joyful Mysteries...**

Joyful Mysteries (Monday and Saturday )



1.The annunciation



2.The visitation



3.The birth of  
Our Lord



4.The presentation  
in the Temple



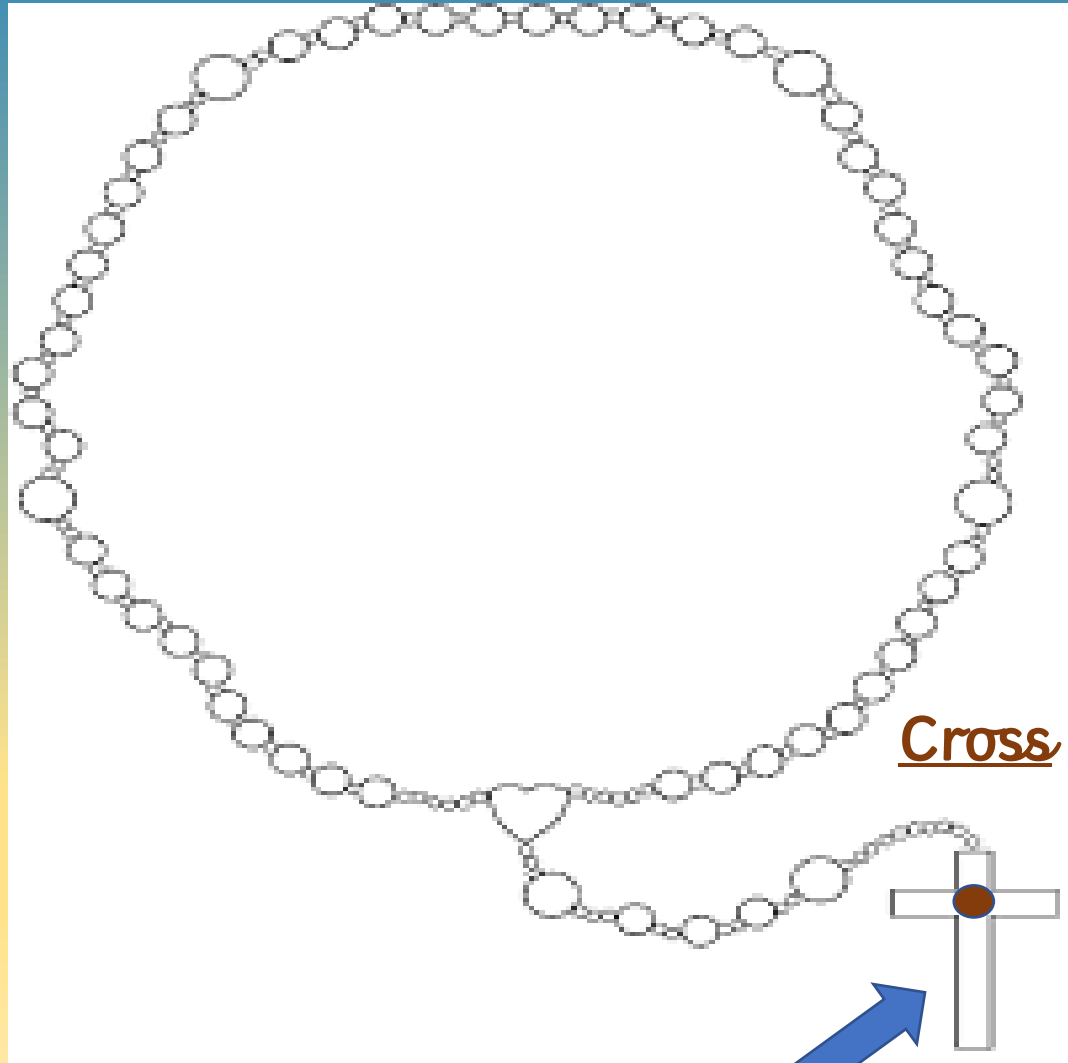
5.The finding of  
Jesus in the temple

The **Joyful Mysteries** are also  
prayed on **Saturday's**.



# We start with the Apostles Creed...

## The Apostles' Creed



I believe in God, the Father almighty,  
creator of heaven and earth.

I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.

I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.





# Followed by the Our Father...



## Leaders:

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.

Thy will be done on earth as it is in heaven.

## ALL:

Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.



# Followed by x3 Hail Mary's...

## Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.

## ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.  
Amen.





# Followed by the Glory Be...



## Leaders:

Glory Be to the Father and to the Son  
and to the Holy Spirit.

## ALL:

As it was now in the beginning, is now,  
and ever shall be, world without end.  
Amen.



# Followed by the Our Father...

## Leaders:

Our Father, who art in heaven,  
hallowed be Thy name.  
Thy kingdom come.

Thy will be done on earth as it is in heaven.

## ALL:

Give us this day our daily bread;  
and forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
Amen.





1<sup>st</sup> Mystery  
The Annunciation  
Luke 1:26-27

"In the sixth month the angel Gabriel was sent from God to a city of Galilee named Nazareth, to a virgin betrothed to a man whose name was Joseph, of the house of David; and the virgin's name was Mary" ([Luke 1:26-27](#)).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



We then choose a mystery to recite...

The Joyful Mysteries  
The Fruit of this Mystery:

Humility

Leaders:

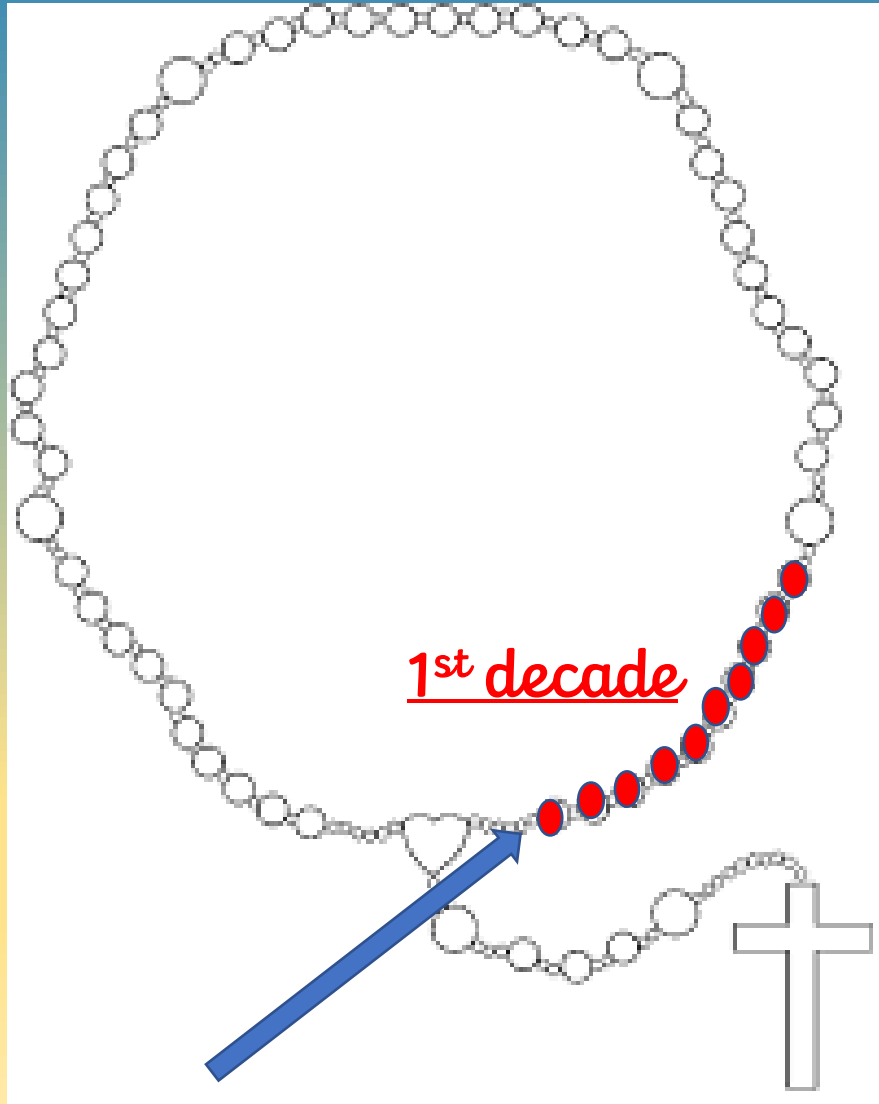
Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.

1<sup>st</sup> Mystery  
The Annunciation

Luke 1:26-27





The Joyful Mysteries  
The Fruit of this Mystery:  
**Humility**

1<sup>st</sup> Mystery  
The Annunciation

Luke 1:26-27

Leaders:

Glory Be to the Father and to the  
Son and to the Holy Spirit.

ALL:

As it was now in the beginning,  
is now, and ever shall be, world  
without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.





## 2nd Mystery The Visitation Luke 1:39-45

In those days Mary arose and went with haste into the hill country, to a city of Judah, and she entered the house of Zechariah and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the babe leaped in her womb; and Elizabeth was filled with the Holy Spirit and she exclaimed with a loud cry, “Blessed are you among women, and blessed is the fruit of your womb! And why is this granted me, that the mother of my Lord should come to me? For behold, when the voice of your greeting came to my ears, the babe in my womb leaped for joy. And blessed is she who believed that there would be a fulfillment of what was spoken to her from the Lord.” ([Luke 1:39-45](#)).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer

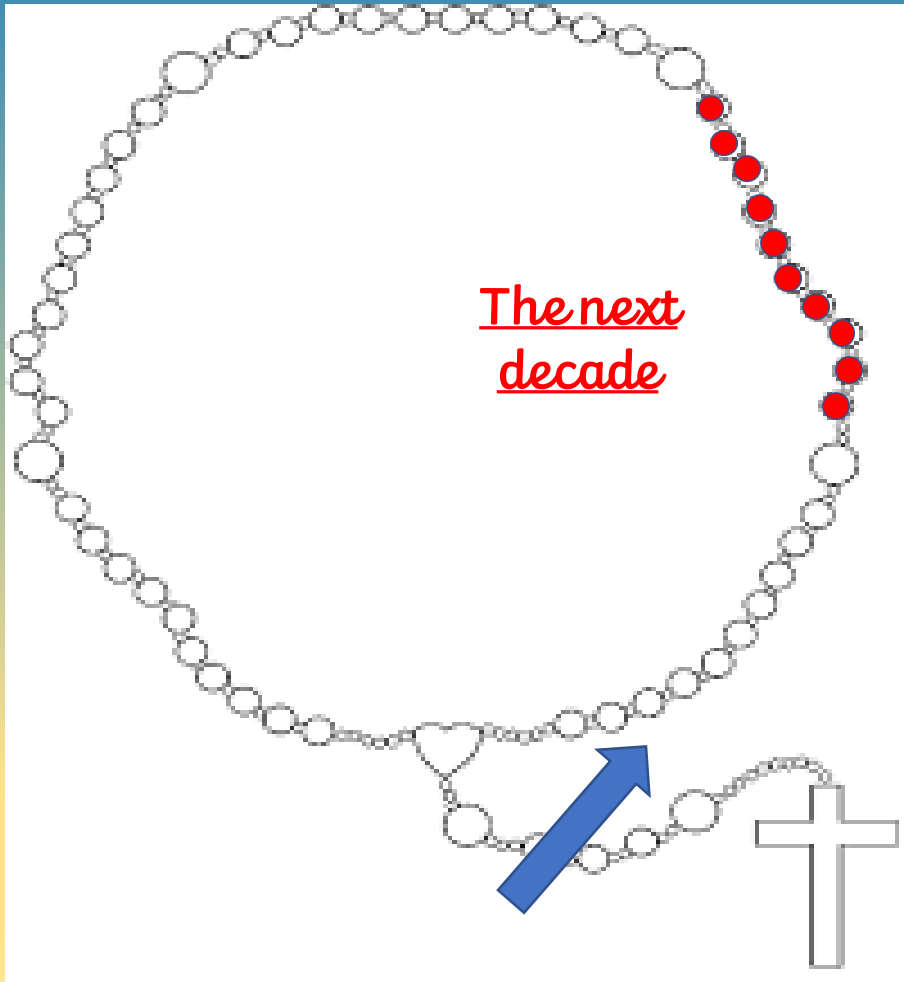




The Joyful Mysteries  
The Fruit of this Mystery:  
Love of Thy Neighbour

2nd Mystery  
The Visitation

Luke 1:39-45



Leaders:

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the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Joyful Mysteries  
The Fruit of this Mystery:  
Love of Thy Neighbour

3rd Mystery  
The Visitation

Luke 1:39-45



Leaders:

Glory Be to the Father and to the  
Son and to the Holy Spirit.

ALL:

As it was now in the beginning, is  
now, and ever shall be, world  
without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
save us from the fires of hell, lead  
all souls to Heaven, especially those  
in most need of Thy mercy. Amen.





## 3rd Mystery The Nativity Luke 2:1-7

"In those days a decree went out from Caesar Augustus that all the world should be enrolled. This was the first enrolment, when Quirinius was governor of Syria. And all went to be enrolled, each to his own city.

And Joseph also went up from Galilee, from the city of Nazareth, to Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, to be enrolled with Mary, his betrothed, who was with child. And while they were there, the time came for her to be delivered. And she gave birth to her first-born son and wrapped him in swaddling cloths, and laid him in a manger, because there was no place for them in the inn" ([Luke 2:1-7](#)).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Joyful Mysteries  
The Fruit of this Mystery:  
Poverty of the Spirit

3rd Mystery  
The Nativity  
Luke 2:1-7

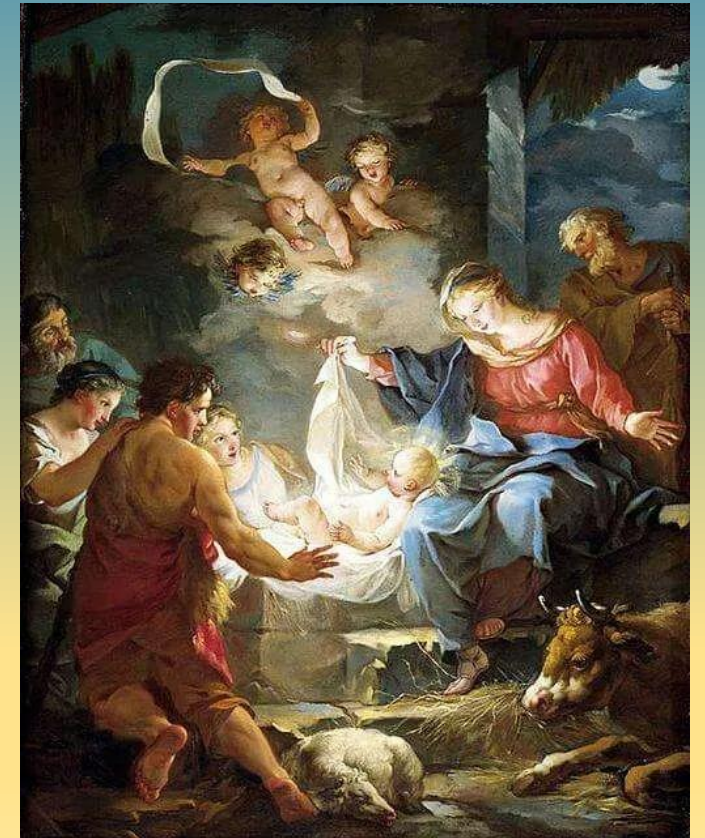


Leaders:

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Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Joyful Mysteries  
The Fruit of this Mystery:  
**Poverty of the Spirit**

3rd Mystery  
The Nativity  
Luke 2:1-7

Leaders:

Glory Be to the Father and to the  
Son and to the Holy Spirit.

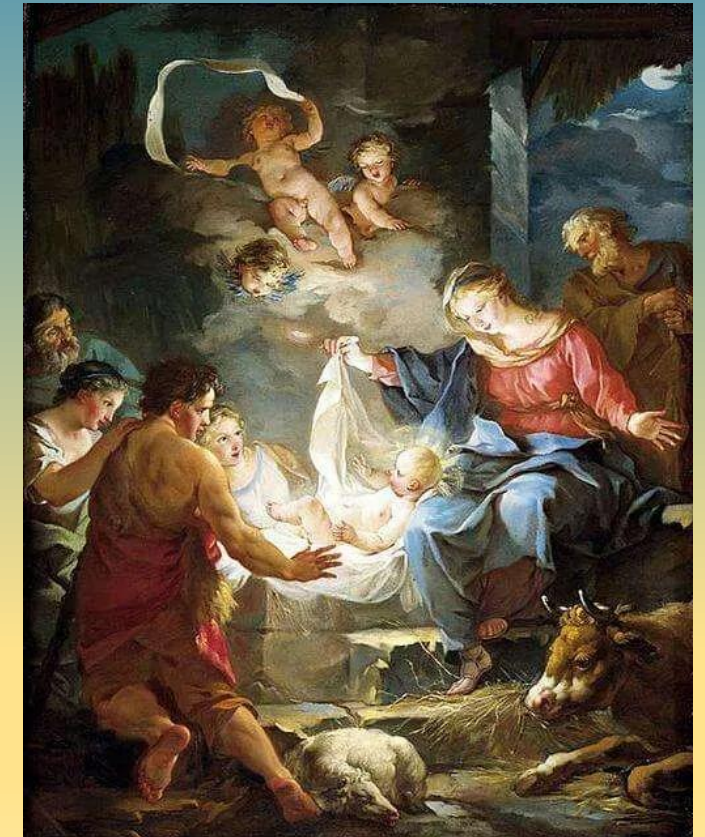
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without end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins,  
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all souls to Heaven, especially those  
in most need of Thy mercy. Amen.





## 4th Mystery

### The Presentation in the Temple

### Luke 2:21-24

"And at the end of eight days, when he was circumcised, he was called Jesus, the name given by the angel before he was conceived in the womb. And when the time came for their purification according to the law of Moses, they brought him up to Jerusalem to present him to the Lord (as it is written in the law of the Lord, 'Every male that opens the womb shall be called holy to the Lord') and to offer a sacrifice according to what is said in the law of the Lord, 'a pair of turtledoves, or two young pigeons'" (Luke 2:21-24).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Joyful Mysteries  
The Fruit of this Mystery: Obedience

4th Mystery  
The Presentation in the Temple

Luke 2:21-24



Leaders:

Hail Mary, full of grace.  
the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Joyful Mysteries  
The Fruit of this Mystery: Obedience

4th Mystery  
The Presentation in the Temple

Luke 2:21-24

Leaders:

Glory Be to the Father and to the Son  
and to the Holy Spirit.

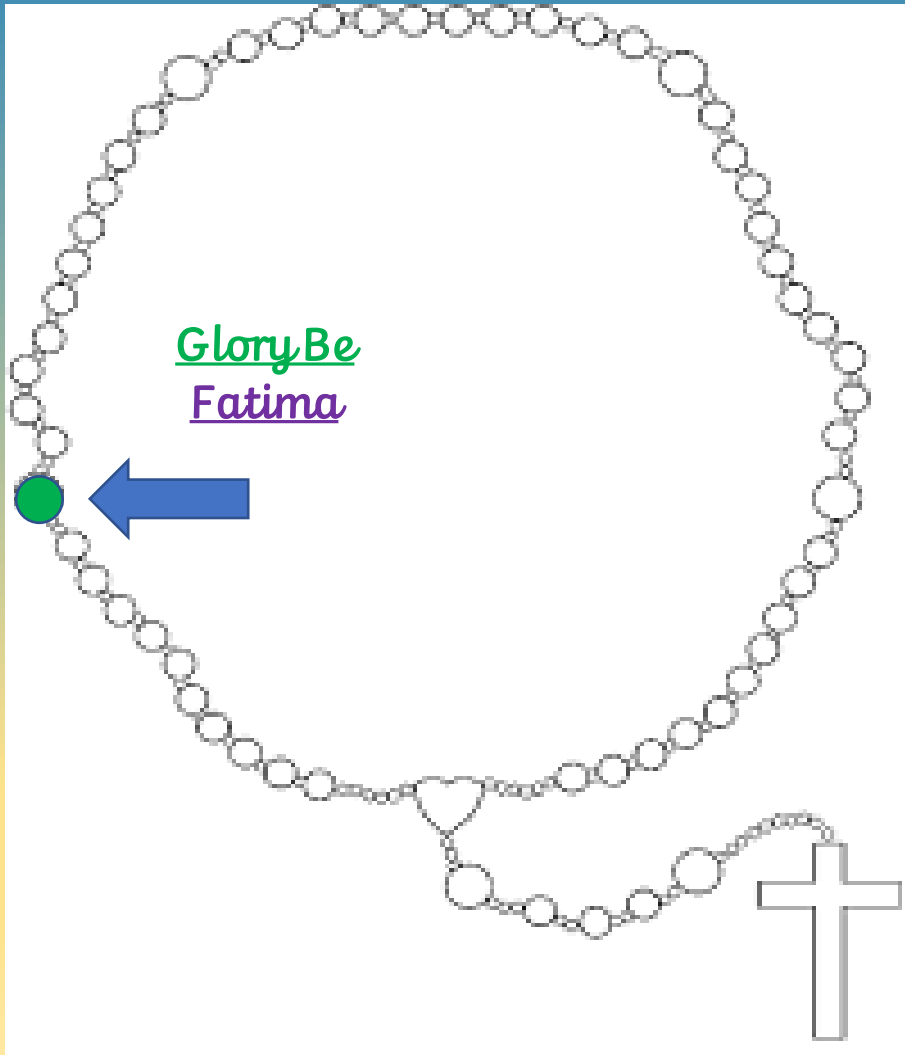
ALL:

As it was now in the beginning, is  
now, and ever shall be, world without  
end.  
Amen.

Fatima Prayer

ALL:

O My Jesus, forgive us our sins, save  
us from the fires of hell, lead all souls  
to Heaven, especially those in most  
need of Thy mercy. Amen.







# 5th Mystery

## The Finding in the Temple

### Luke 2:21-24

"Now his parents went to Jerusalem every year at the feast of the Passover. And when he was twelve years old, they went up according to custom; and when the feast was ended, as they were returning, the boy Jesus stayed behind in Jerusalem. His parents did not know it ... After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions; and all who heard him were amazed at his understanding and his answers". ([Luke 2:41-47](#)).

Our Father  
Hail Mary x10  
Glory Be  
Fatima Prayer



The Joyful Mysteries  
The Fruit of this Mystery: Piety

5th Mystery  
The Finding in the Temple

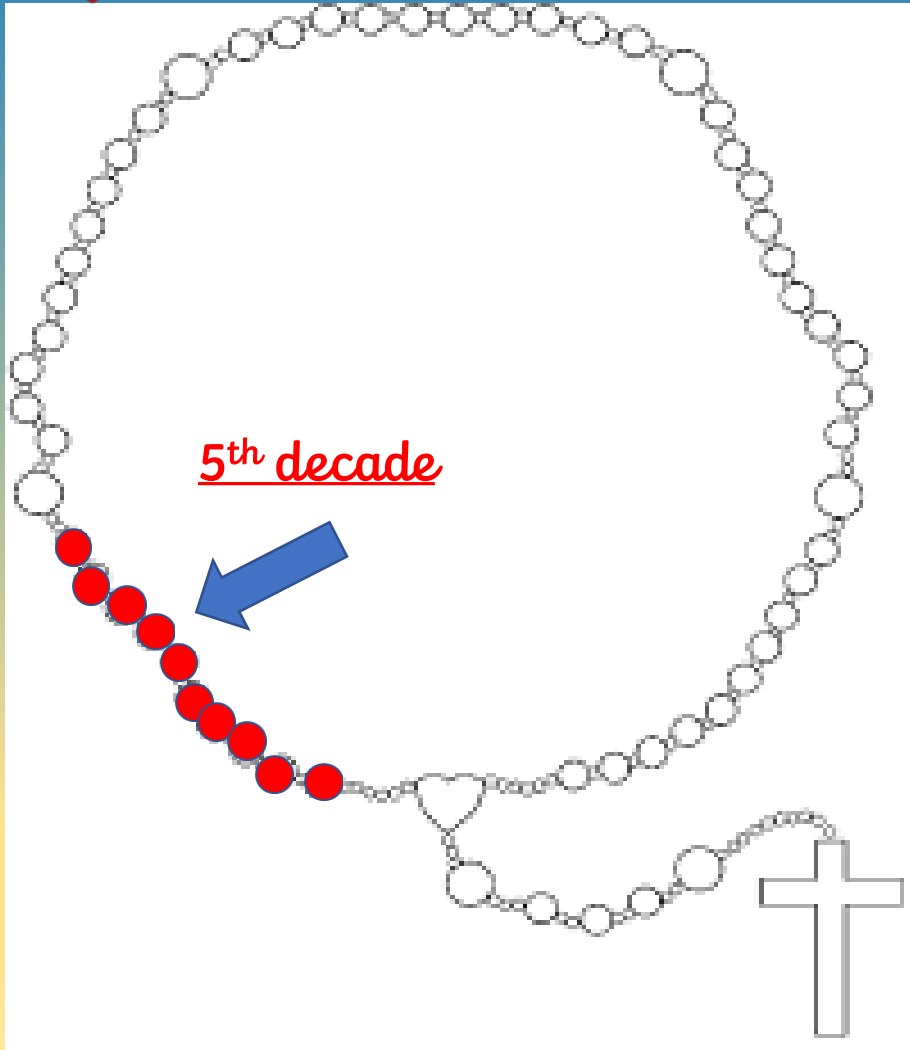
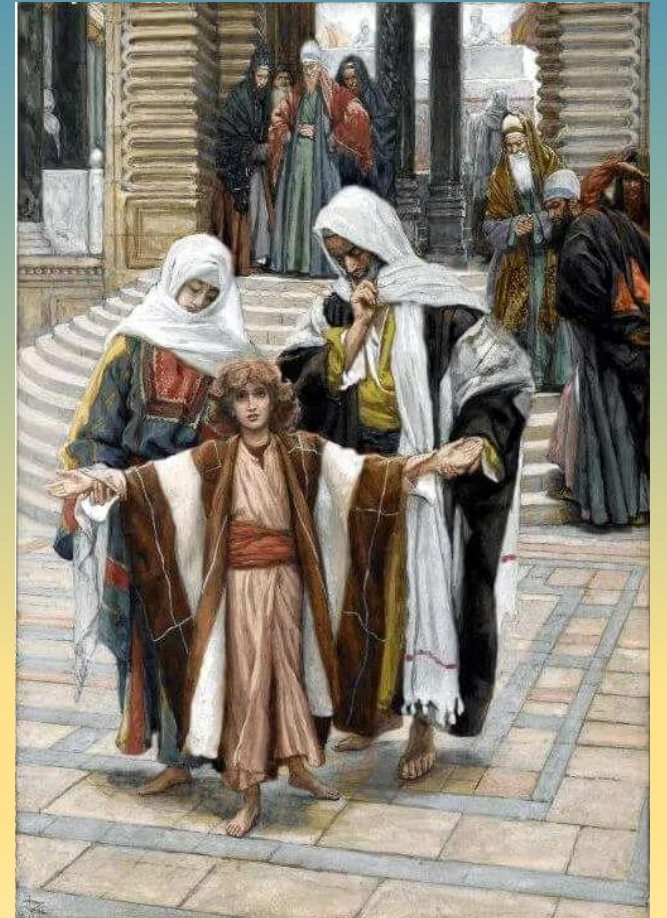
Luke 2:21-24

Leaders:

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the Lord is with thee.  
Blessed art thou among women,  
and blessed is the fruit of thy  
womb, Jesus.

ALL:

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our  
death.  
Amen.





The Joyful Mysteries  
The Fruit of this Mystery: Piety

5th Mystery  
The Finding in the Temple

Luke 2:21-24

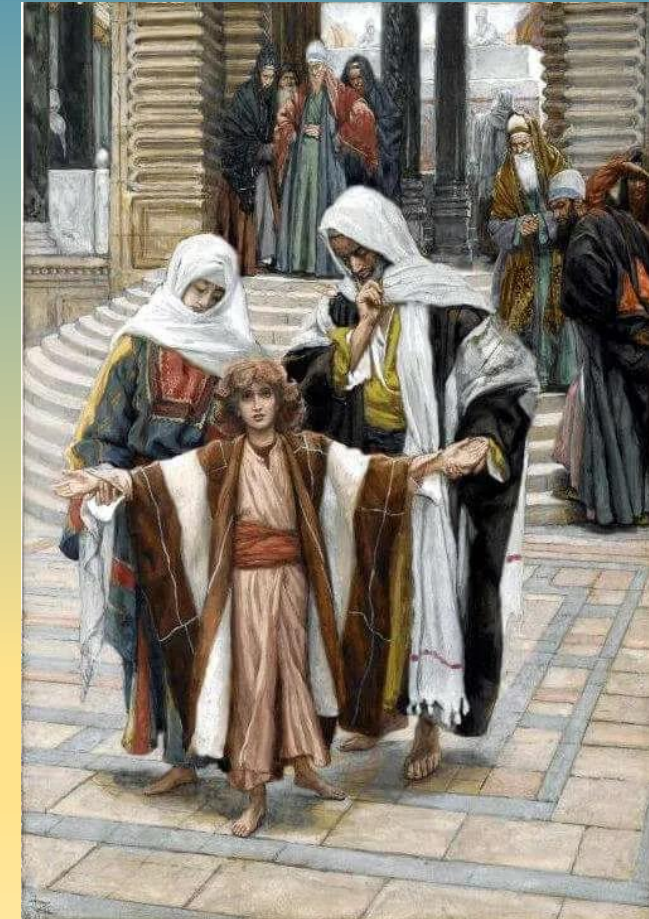
Hail Holy Queen

Hail Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To thee do we cry, poor banished children of Eve, to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. Oh Clement, O loving, O sweet Virgin Mary.

Pray for us Oh Holy Mother of God.

That we may be made worthy of the promises of Christ.

Amen



Hail Holy Queen





# We start with the Sign of the Cross:

In the name of the Father and of the Son  
and of the Holy Spirit.

## The Sign of The Cross



1. With your right hand, touch your forehead and pray, "In the name of The Father."



2. Touch the center of your chest and pray, "and of The Son,"



3. Touch your left shoulder and pray, "and of The Holy..."



4. Touch your right shoulder and pray, "Spirit, Amen."

## The Sign of the CROSS



The Sign of the Cross attests to two realities of the faith



Making the Sign of the Cross with Holy Water implies that



Intellect is enlightened through the prayers of the Church



Homes should have a Holy Water font to use



Belief in the Trinitarian God

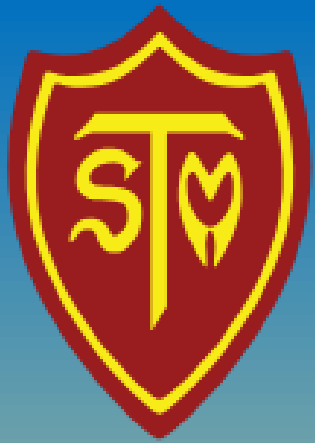


Our wills are prompted to do good

Redemption through the Cross

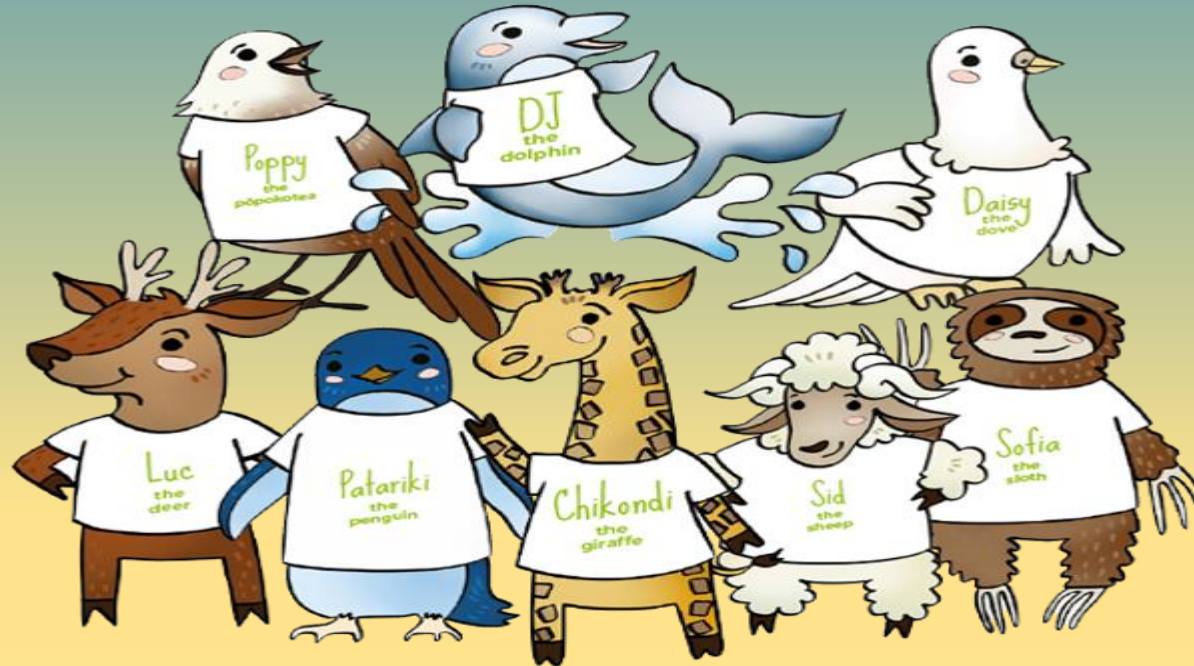


Body and mind are strengthened and healed



Feel free to find further resources for the  
Rosary on CAFOD:

<https://cafod.org.uk/pray/pray-the-rosary>



Have a blessed month of May! 😊